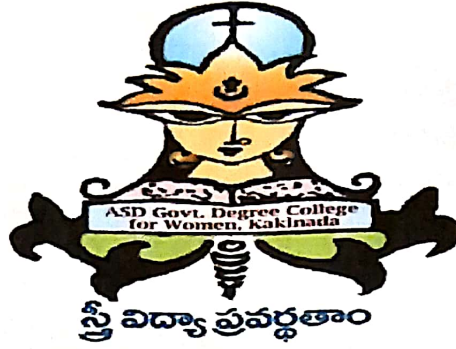


A.S.D. Government Degree College for Women (A)
KAKINADA



RED RIBBION CLUB ACTIVITIES 2024-25



A.S.D.GOVERNMENT DEGREE COLLEGE FOR WOMEN (A),
JAGANNAICKPUR, KAKINADA
RED RIBBION CLUB ACTIVITIES 2024-25
INDEX

S.NO	TITLE OF THE ACTIVITY	NAME& DESIGNATION OF RESOURCE PERSON	DATE
1.	Blood Grouping & encourage blood donation	PHC Center	5-8-24
2	Anti-Drug Awareness programme	Dr. G.Sarada Devi, Gynaecologist.	6-8-24
3.	Awareness Programme on HIV/AIDS	District Leprosy, AIDS&TB officers	28-8-24
4.	Stress Management	Y.Rama Pallavi, Yoga Instructor Indian Red Cross Society & Ayush wellness center	11-11-24
5.	Debate Competition, Poster making, Painting Competition	N.P.V.Lakshmi Devi, Red Ribbion Club Convenor	27-11-24
6.	Rangoli Making Competition	N.P.V.Lakshmi Devi, Red Ribbion Club Convenor	28-11-24
7.	Painting Competition in collaboration with DMDHO	Red Ribbion club,NSS,DMDHO	29-11-24
8.	Rally programme on HIV/AIDS	Red Cross Society, RRC, DMDHO	1-12-24

RED RIBBON CLUB PEER EDUCATORS LIST 2024-25

SL.NO	REGD.NO	NAME OF THE STUDENT	GROUP
1	2461048	M.ASWITH	I B.COM C.A
2	2461042	K.HEMADURGA	I B.COM C.A
3	2461028	D.GLORY	I B.COM C.A
4	2461052	M.LIKITHA	I B.COM C.A
5	2461003	B.PURNA CHANDRIKA	I B.COM C.A
6	2461002	A.NAGA LAKSHMI	I B.COM C.A
7	2463043	T.SATYA VENI	I B.COM C.A
8	2461053	N.RANI	I B.COM C.A
9	2461026	CH.SRILATHA	I B.COM C.A
10	2461031	D.PADMASAI	I B.COM C.A
11	2461023	CH.DEVI	I B.COM C.A
12	2461030	D.KRISHNAVENI	I B.COM C.A
13	2461045	K.VENKATA LAKSHMI	I B.COM C.A
14	2461047	K.NAGA DEVI	I B.COM C.A
15	2461062	T.PRAVALLIKA	I B.COM C.A
16	2461044	K.SRAVANI	I B.COM C.A
17	2361061	Y.KALYANI KUMARI	II B.COM C.A
18	2361045	O. SIRISHA	II B.COM C.A
19	2361021	B.CHINNARI	II B.COM C.A
20	2361024	B.VENKATA LAKSHMI	II B.COM C.A
21	2462028	K. MOUNIKA	I B.COM GEN
22	2462006	L. MAHALAKSHMI	I B.COM GEN
23	2462030	M. SUCHITRA	I B.COM GEN
24	2463035	M. LAKSHMI	I B.COM GEN

A.S.D. GOVERNMENT DEGREE COLLEGE FOR WOMEN (A)
KAKINADA
RED RIBBION CLUB
ACTIVITY REGISTER 2024-25

Date	5-8-2024
Conducted in collaboration with	Medical department, PHC Centre
Name of the Activity	Blood grouping and encourage blood donation
No of the participants	70
Details of Participants	B. Com, B.Sc., B. A
Brief Report on the activity	It is organized to create awareness and educating the student's community on the beneficial aspects of blood donation.
Signature of the Convenor	N.P.V.L. Dey
Signature of the Principal	V. Reddy

**A.S.D. GOVERNMENT COLLEGE FOR WOMEN (A),
KAKINADA
RED RIBBION CLUB ACTIVITY 2024-25
BRIEF REPORT**

It is organized to create awareness on blood grouping and educate about the blood donation. Giving the right type of blood donation based on the blood type and patient needs. A blood group is determined by antigens and antibodies present or absent in the blood.

Antigens are protein surface of the red blood cells while antibodies are part of our body natural defense against invading substances such as viruses and bacteria.

In the ABO system there are four groups:

- Blood group A has A antigens on the red blood cells with anti-B antibodies in the plasma.
- Blood group B has B antigens with anti-antibodies in the plasma.
- Blood group O has no antigens, but both anti-A and anti-B antibodies.
- Blood Group AB has both A and B antigens but no antibodies
- Group A is the second largest blood group

It educating the community on the beneficial aspects of blood donation and promote AIDS awareness and educate to the communities.



**A.S.D. GOVERNMENT DEGREE COLLEGE FOR
WOMEN (A), KAKINADA
RED RIBBION CLUB
ACTIVITYT REGISTER 2024-25**

Date	6-8-2024
Conducted in collaboration with	NCC, NSS and medical department
Name of the Activity	Anti-Drug Awareness programme
No of the participants	86
Details of Participants	B. Com, B.Sc., B. A
Brief Report on the activity	It is organized to create awareness and educating the students community on dangerous effects of drug usage by Dr.B. Sarada Devi, Gynaecologist.
Signature of the Convenor	N. P. V. L. Devi
Signature of the Principal	V. N. S.

A.S.D. GOVERNMENT DEGREE COLLEGE FOR WOMEN (A)
Kakinada
RED RIBBION CLUB ACTIVITY 2024-25

BRIEF REPORT

It is organized on the Occasion of Nasha Mukta Bharat Abhiyam in collaboration with NSS, NCC and RRC conducted a guest lecture to create awareness among the students about the usage of dangerous drug and its effects.

Dr. B. Sarada Devi, Gynaecologist, Managing Director of Sri Raghurama Hospitals, Prathipadu, gave a lecture to the students and created awareness among them about the dangerous effects of drug usage. Mass pledge is taken by the students against the usage of drugs.



**A.S.D. GOVERNMENT DEGREE COLLEGE FOR
WOMEN (A), KAKINADA
RED RIBBION CLUB**

ACTIVITYT REGISTER 2024-25

Date	28-8-24
Conducted in collaboration with	District Leprosy, AIDS & TB Officers
Name of the Activity	Awareness programme on HIV/AIDS
No of the participants	60
Details of Participants	B. Com, B.Sc., B. A
Brief Report on the activity	It is organized to create awareness and educating the students' community on dangerous effects of HIV/AIDs by ICTC testing.
Signature of the Convenor	N. P. V. L. Devi
Signature of the Principal	N. N. R.

**A.S.D. GOVERNMENT DEGREE COLLEGE FOR
WOMEN (A)
Kakinada
RED RIBBION CLUB ACTIVITY 2024-25**

BRIEF REPORT

It is organized to create awareness about **AIDS or Acquired Immunodeficiency Syndrome** is a complex illness with a wide range of complications and symptoms. **AIDS is the final stage of HIV. When individuals reach this stage, they are at high risk for opportunistic infections due to their badly damaged immune system.**

Outcome of the programme: Students may know the tests available are Enzyme immunoassay (EIA) tests use blood, oral fluid, or urine to detect HIV antibodies Rapid HIV antibody tests All individuals should get tested for HIV at least once a year.

Positive speaker provided the information on National Toll Free AIDS Helpline '1097' to answer queries related to HIV/AIDS from anywhere, anytime.

Help line seek counselling, get information on Integrated Counselling and Testing Centres (ICTC), Anti-Retroviral Therapy Treatment Centres (ARTCs) and other service delivery centres. Besides, as and when required, the information will also be sent as a text message to the caller's mobile phone.

Outcome of the programme: Members from Red Ribbon Clubs spread the messages on "Getting to Zero, Zero new infections and AIDS related death". Emphasis was given on "Zero Discrimination". Students may know and spread the significance of National Toll Free AIDS Helpline '1097'



**A.S.D. GOVERNMENT DEGREE COLLEGE FOR
WOMEN (A), KAKINADA
RED RIBBION CLUB**

ACTIVITYT REGISTER 2024-25

Date	11-11-24
Conducted in collaboration with	Indian Red Cross Society & Ayush Wellness center
Name of the Activity	STRESS MANAGEMENT
No of the participants	60
Details of Participants	B. Com, B.Sc., B. A
Brief Report on the activity	It is organized to create awareness and educating the students about the uses of yoga by Y. Rama Pallavi Yoga instructor of Indian Red Cross Society and Ayush wellness center.
Signature of the Convener	N.P.V.L. Devi
Signature of the Principal	V. N. S. R.

**A.S.D. GOVERNMENT DEGREE COLLEGE FOR WOMEN (A)
KAKINADA
RED RIBBION CLUB ACTIVITY 2024-25**

BRIEF REPORT

It is organised to create awareness and usage of yoga practice. Yoga is a mind and body practice that can build strength and flexibility. It helps in manage pain and reduce stress. Yoga offers numerous physical, mental, emotional and spiritual benefits. It improves physical health, it reduces stress and anxiety. It enhances mental clarity and promotes emotional balance. It reduces pain and stiffness and boosts cardiovascular health and enhances breathing.

Y. Rama Pallavi, Yoga instructor has educated the students on different types of Yoga's like Hatha yoga, Raja Yoga, Karma Yoga, Bhakti Yoga, Jnana Yoga and Tantra Yoga. And also about Pranayama, Dhyana meditation etc.

Pranayama allows to master breathing and perceive a connection between mind, breath and emotions

Modern yoga focuses on poses designed to stimulate inner peace and physical energy. People with certain health conditions such as sciatica should approach yoga slowly with caution. Yoga can help support a balanced, active lifestyle. The highest goal of the practice of yoga is spiritual transformation accompanied by a state of perfect tranquility.



Kakinada, Andhra Pradesh, India
1, Near Womens College, Jagannaickpur, Kakinada,
Andhra Pradesh 533002, India
Lat 16.940018° Long 82.238076°
12/11/24 11:11 AM GMT +05:30





**A.S.D. GOVERNMENT DEGREE COLLEGE FOR
WOMEN (A), KAKINADA**

RED RIBBION CLUB

ACTIVITY REGISTER 2024-25

Date	27-8-24 to 29-11-24
Conducted in collaboration with	NSS and DMDHO
Name of the Activity	Debate, Painting and Rangoli competitions
No of the participants	20
Details of Participants	B. Com, B.Sc., B. A
Brief Report on the activity	It is organized to create awareness and educating the students on the theme of "Community makes the difference-support,educate,prevent"
Signature of the Convenor	N.P.V.L. Devi
Signature of the Principal	V. N. D.

**A.S.D Government Degree College for Women (A),
Kakinada
RED RIBBION CLUB**



CIRCULAR

All the students are informed that Red Ribbion Club wishes to organize the following Competitions on the occasion of World Aids Day.

1. Debate Competition
2. Poster Making Competition
3. Painting Competition
4. Reel Making
5. Rangoli Making Competition

Theme: "Community makes the difference- Support, educate, prevent"

Date: Debate and Poster making and Painting competition on 27-11-24

Reel making and Rangoli Making Competition on 28-11-24

Venue: Room No: 22

Time: 11.00 AM to 1.00 PM

Last day to enroll the names: 27-11-24 with Ms.N.P.V.Lakshmi Devi.

All the concerned lecturers are requested to give permission to the students to participate in the programme.

N.P.V. Lakshmi Devi
CONVENER RRC

V. N. Lakshmi Devi
PRINCIPAL 15/11/24





**A.S.D GOVERNMENT DEGREE COLLEGE FOR
WOMEN (A), KAKINADA**



RED RIBBION CLUB

Date	29-11-2024
Conducted in collaboration with -	District Medical and Health office(DM&HO)
Name of the Activity	Painting Competition
No. of Participants	12
Details of Participants	I B.Com General, Computer Application and B.sc Botany, Zoogoly
Brief Report on the Activity	It is organized to create awareness about HIV/AIDS and emphasis the importance of upholding human rights to combat the epidemic effectively.
Signature of Convener	N.P.V.L. Dai
Signature of the Principal	V. N. C.

OFFICE OF THE DISTRICT LEPROSY, AIDS & TB OFFICE
KAKINADA DISTRICT, KAKINADA

From,
Dr. R. Ramesh.MBBS, DV.,
District Leprosy, AIDS & TB Officer,
Kakinada District, Kakinada.

To,
The Principal,
ASD Govt Degree college
(Womens)
Kakinada District, Kakinada.

Rc. No.Spl/DISHA/Kakinada District – 2024-25, Date: -11-2024.

Sub: DISHA–Kakinada District Observation of World AIDS Day on 1st December, 2024
Request to send NSS / RRC / Students for Drawing / Painting competition on
HIV/AIDS and PLHIV rights from 10 am to 12pm at in your colleges premises –
Requested – Regarding.

Ref: Note approval Collector & District Magistrate, Kakinada District, Dated: -11-2024

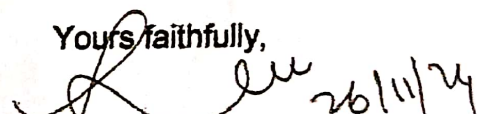
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As per the note orders approved by the District Collector in the reference cited, on the occasion of "World AIDS Day–2024 (Theme of the year is: "Take the rights path, My Health my right") on 29th November it is proposed to organize Drawing/Painting competition on HIV/AIDS and rights of people living with HIV/AIDS rights from 10:00 AM to 12:00 PM at in your colleges premises.

In this context, I request to send the NSS / RRC / Students to the above competition to create awareness on HIV/AIDS. Prizes will be given on World AIDS Day through Collector and District Magistrate, Kakinada District. Please confirm the names & numbers of interested participated by 28th November-2024 by 04:00 PM

Thanking you,

Yours faithfully,


District Leprosy, AIDS & TB Officer,
Kakinada District, Kakinada

A.S.D.GOVERNMENT DEGREE COLLEGE FOR
WOMEN (A), KAKINADA

RED RIBBION CLUB ACTIVITIES 2024-25

BRIEF REPORT

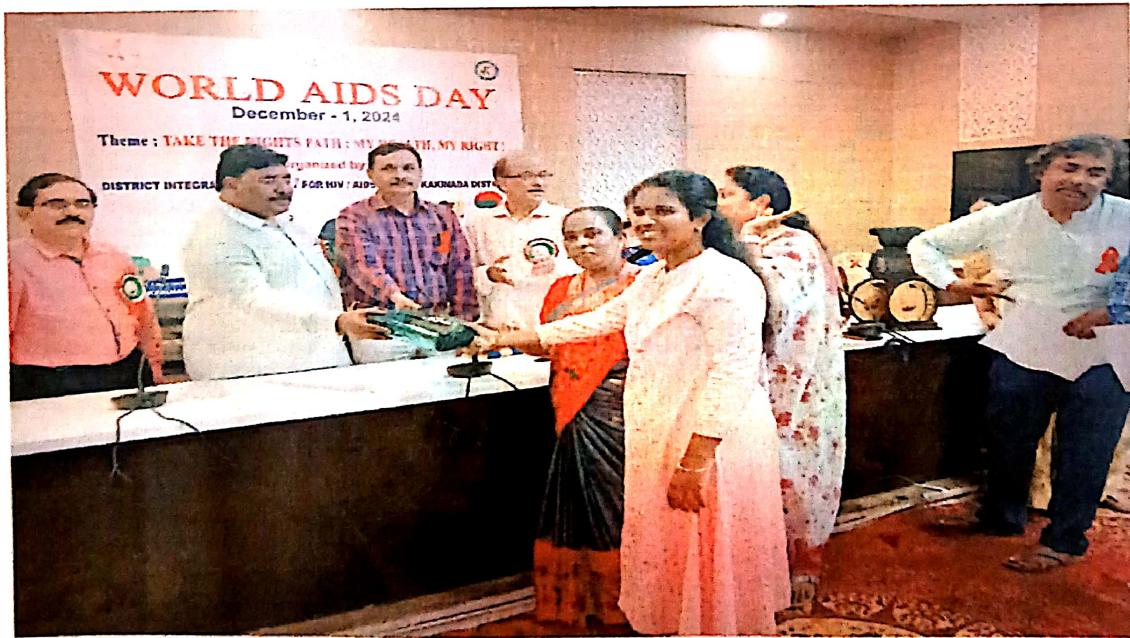
On 1 December communities commemorate World AIDS Day 2024 under the theme "Take the rights path: My health, my right "champion the citizen the right to health by addressing the inequalities that hinder progress in ending AIDS.

World Aids Day serves as an important remainder to remain committed to preventing new HIV infections and providing essential services to all people living with HIV globally.

Collective actions, sustain and accelerate HIV progress- the World can end AIDS if everyone's rights are protected.

This World Aids Day is a call to action to protect everyone's health by protecting everyone's rights.













**A.S.D GOVERNMENT DEGREE
COLLEGE FOR WOMEN (A)
KAKINADA**

RED RIBBION CLUB

Date	01-12-2024
Conducted in collaboration with -	District Medical and Health office(DM&HO)
Name of the Activity	Rally programme
No. of Participants	20
Details of Participants	I B.Com General, Computer Application and B.sc
Brief Report on the Activity	It is organized to create awareness about HIV/AIDS and emphasis the importance of upholding human rights to combat the epidemic effectively.
Signature of Convenor	N.P.V.L. Deji
Signature of the Principal	V. N. Reddy

A.S.D. GOVERNMENT DEGREE COLLEGE FOR
WOMEN (A) KAKINADA

RED RIBBON CLUB (RRC)
CIRCULAR



On the occasion of World Aids day i.e. December 1st Red Ribbon Club, A.S.D Government Degree College for Women (A), Kakinada participated in Rally programme on HIV/AIDS to enhance prevention, care and support and treatment impact, stigma reduction among the youth and promote youth peer educators within and outside the campuses on 1-12-2024 at 09.00 am from DM&HO office to Balaji Cheruvu Junction, Kakinada.

N.P.V.L. Devi
RRC Convener

V. N. Reddy
Principal

OFFICE OF THE DISTRICT LEPROSY, AIDS & TB OFFICE
KAKINADA DISTRICT, KAKINADA

From,
Dr. R. Ramesh.MBBS, D.V.,
District Leprosy, AIDS & TB Officer,
Kakinada District, Kakinada.

To,
The Principal,
ASD Govt Degree College
Kakinada District, Kakinada. (W.M.M.S.)

Re. No.Sp/DISHA/Kakinada District - 2024-25. Date: -11-2024.

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Thanking you,

Yours faithfully,

[Signature] 20/11/24
District Leprosy, AIDS & TB Officer,
Kakinada District, Kakinada

A.S.D.GOVERNMENT DEGREE COLLEGE FOR
WOMEN (A), KAKINADA

RED RIBBION CLUB ACTIVITIES
2024-25

BRIEF REPORT

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