



A.S.D. Government Degree College for Women

An Autonomous Institution

Jagannaickpur, Kakinada, Andhra Pradesh-533002
Affiliated to Adikavi Nannaya University, Rajamahendravaram



INTERNAL QUALITY ASSURANCE CELL

5.1.3 The following Capacity Development and Skill Enhancement activities are organised for improving students' capabilities



**Life skills (Yoga, Physical fitness,
Health and Hygiene)**

2023-24

Life Skills (Yoga, Physical fitness, Health and Hygiene)

Department of Physical Education in collaboration with District Sports Authority started Archery coaching camp for our college students



One Day training Programme on 'Life Skills and Employability' .Prof. KVSE Murali Krishna, Director, Online Learning Programmes, JNTU, Kakinada acted as Resource Person



International Yoga Day was celebrated by the Department of Physical Education and Health Committee on 21/06/2024. Staff and students actively participated in the programme.



International Yoga Awareness Programme conducted at BC welfare Hostel, Jagannaickpur by NSS Unit I and II ASD Government Degree College for Women (A), Kakinada



Adi Kavi Nannaya University Inter collegiate Team Selections Trials Kabbadi (Women) 2023-24 was held in A.S.D. Government Degree College for Women Autonomous on 17-11-2023



Department of Physical Education conducted a certificate course in Yoga and Archery during 2023-24.



Department of Home Science in collaboration with Lions club Sankalp conducted multiple activities like Dental Checkup Camp, Inauguration of certificate course in Maggam work, Diabetic Screening Camp, Distribution of Sarees to Hostel Workers, Plantation of Coconut Trees in the campus



Department Of Botany And Horticulture Organised A Guest Lecture On Applications
Of Tissue Culture On 27TH SEPTEMBER 2023



The Department of HomeScience has conducted State Level Programme on National Nutrition month and organised a guest lecture on Millets -The super foods on 29TH September 2023 and conducted various competitions like Poster presentation, Quiz & Food preparation by using Millets to the students. Other college students in & around Kakinada also participated in this and received the certificates



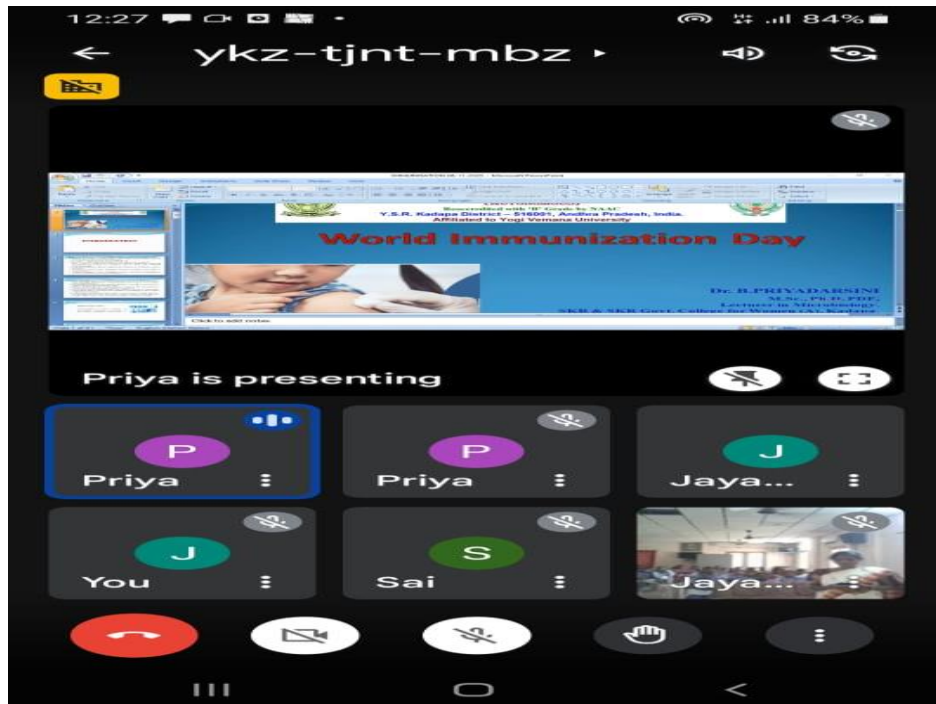
Department of Home Science conducted a guest lecture on Importance of Mental Health on the occasion of World Mental Health Day 2023 Dr.Reshma Yasmin attended as Resource Person



3-Day Meditation Programme: Women empowerment cell conducted three-day meditation programme to the students from 04/11/2023 to 06/11/2023.



The Dept. of Microbiology and Alumni association jointly celebrated World Immunization Day on 9/11/2023. In connection to this, an invited lecture was given by an alumni member Dr. B. Priya Darshini, Assistant Professor, SKR & SKR GDC, Kadapa on 'the Importance of Immunization.'



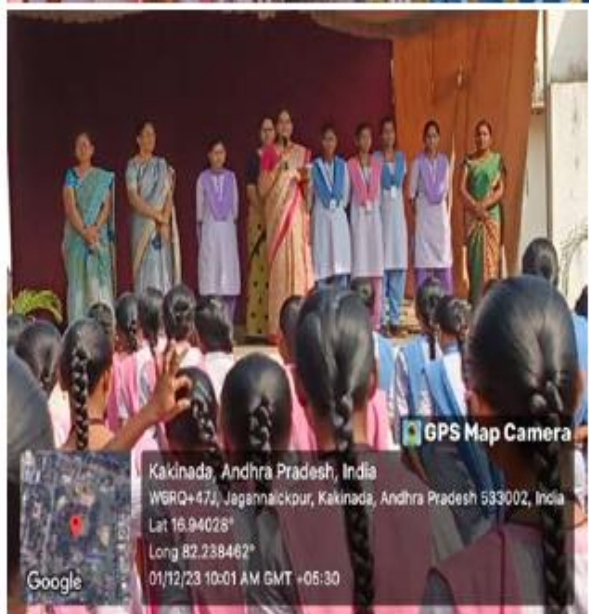
The Department of Commerce organised a guest lecture on "Global Accounting Trends: Challenges and Opportunities in the 21st Century" on 10/11/2023 on account of International Day of Accounting."



Red Ribbon Club organised an awareness programme on HIV AIDS by ICTC and STI counsellors on 30/11/2023.



Department of Zoology and Aquaculture Technology conducted an awareness programme on 01/12/2023 on account of World AIDS day. NSS unit I and II conducted AIDS awareness rally in the adopted areas of Golilapeta and Muthanagar to observe World AIDS Day on 01/12/2023.



International webinar on Recent advances in Drug discovery, Development and Delivery was organized by the Dept. of Chemistry on 06/12/2023.

The screenshot shows a Webex webinar interface. At the top, the time is 10:41 and the duration is 01:11:47. The title of the session is "Viewing Vijaya Hinge's shared content". The main content is a slide titled "Flow chart: define the problem". The slide contains a flowchart with four boxes:

- Top Left:** Any drug reports on NS3 site of NS5B. Subtext: N-acy structure of NS5B, NS5B complex, Kinetics & Edaravone.
- Top Right:** Validation of reported docking experiment. Subtext: Direct interface, Top32 site.
- Bottom Left:** Will drug able retain & show efficacy? Subtext: P-glycoprotein inhibitor QSAR model.
- Bottom Right:** Reported methodologies are sufficient enough to address the problem? Subtext: Docking & HTVS, Novel docking & Pharmacophore HTVS.

Arrows indicate a clockwise flow: Top Left to Top Right, Top Right to Bottom Right, Bottom Right to Bottom Left, and Bottom Left to Top Left. Below the slide is a video feed of the presenter, Vijaya Hinge, wearing glasses and a headset.



Antibiotic awareness Programme: conducted by Microbiology students on 08/12/2023.



Health committee in collaboration with NSS unit I and NSS unit II conducted free Health check up by Medi cover Hospitals to the 1st year students of the college. Dr. B. Lakshmi, Lakshmi Praveena, Gynaecologist, Medcover hospitals Kakinada gave awareness on Menstrual health and hygiene to the students on 13-12-2023





Health committee arranged Dental health check for all students at Primary Health Centre, Jagannaickpur, Kakinada from 16/12/2023 to 10/01/2024. Dr. Ravichandra, Medical officer examined the students and gave necessary suggestions to the students regarding proper maintenance of dental health.





Departments of Microbiology & Sanskrit jointly organised one day National Seminar on ‘Modern world diseases & Ayurvedic Panacea’ on 22/01/2024. 127 Faculty and students attended this seminar.





Department of Home Science celebrated 'World Breastfeeding week' from 01/08/2024 to 07/08/2024 with the theme 'Closing the gap: Breastfeeding support for all' highlighting the importance of breastfeeding, to encourage breastfeeding and to improve the health of babies and mothers all around the globe.



Health Committee conducted Haemoglobin test and Health Checkup to students and staff in collaboration with Health Department on 05/08/2024 & 06/08/2024.



Anti- Drug awareness Programme was conducted by NSS Units, NCC and Red Ribbon club on 06/08/2024. Dr. Sarala Devi, Gynaecologist created awareness on the drugs and their ill effects.





Health Committee conducted a Health Checkup camp for the students and staff on 8-8-2024 in collaboration with Health department



Awareness session on HIV/AIDS conducted by Health committee and Red Ribbon Club on 28/08/2024.

