

Best Practice-II

Title of the Practice: Cheyutha (Helping hands)

Objective: The primary objective of Cheyutha (helping hands) is to foster a deeper understanding of the emotions and challenges faced by older adults, emphasizing the importance of familial responsibility and compassion. It inculcates the spirit of social service, respect, and care for the vulnerable.

The context: In recent years, there has been a disturbing increase in incidents where children neglect their aging parents, often leading to their abandonment and placing them in old age homes. This neglect causes mental agony for the elderly, who are left to deal with loneliness and helplessness. Cheyutha seeks to raise awareness among students about the critical importance of caring for the elderly, promoting family harmony through respect and responsibility for aging family members.

The practice: The practice involves regular visits by faculty and students to local old age homes, providing companionship, emotional support, and material assistance to the residents.

Specific activities include:

On 02/12/2023, the Department of Botany, visited the old age home 'Janavali' and interacted with the inmates. Distributed 55kgs of rice, groceries, vegetables, biscuits, and fruits. During these visits, students engage with the elderly, listen to their stories, and provide much-needed emotional support.

The faculty of Home Science together with students visited the Divya Deepa Special School on 18-12-2023 and provided emotional support to the Special children.



On 19-08-2024, NCC, NSS Unit I & II, along with 100 students visited old age home 'Janavali' and donated sarees, fruits, and snacks to the residents.

Evidence of success:

By participating in Cheyutha, students learned the value of contributing their time, energy, and resources to those in need. The success initiative has inspired many to engage in similar community service activities, broadening the scope and impact of the practice.

BEST PRACTICE - II (CHEYUTHA)

ACTIVITY REGISTER FOR THE MONTH OF FEBRUARY 2023

Title of the Activity	Visited to Janavali old age Home
Date	2.12.2023
Conducted by	Department of Botany & Horticulture
Nature of Activity	Extension activity
Number of Students Participated	20
Brief Report on the Activity	Faculty and Students of the Department of Botany and Horticulture visited Janavali old age Home Jagannaickpur Kakinada as a part of extension activity and donated 55Kgs of Rice groceries,vegetables biscuits and fruits distributed to the inmates of oldage home and students interacted with the inmates of the old Age home
Name of the Lecturer who planned and conducted the Activity	Miss. K.N.V.S.N.Eswari Mrs.N.Pushpa Ms. G.Lakshmi Chandhini
Signature of the Dept. Incharge / Convenor of the Committee	 Lecturer Department of Botany Incharge in Botany A.D. Govt. Degree College for Women KAKINADA
Signature of the Principal	 PRINCIPAL A.S.D.GOV.T.DEGREE COLLEGE (W)' AUTONOMOUS KAKINADA
Remarks	



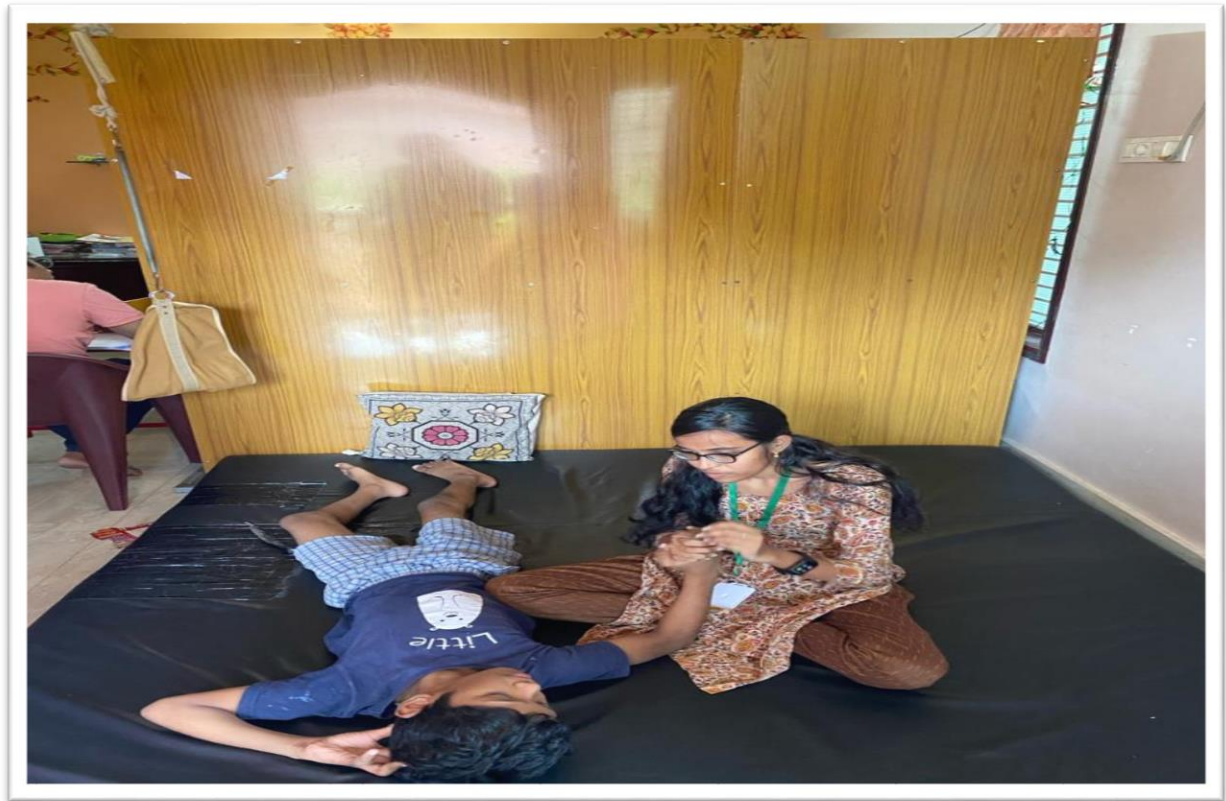
Faculty and students of the Department of Botany & Horticulture visited

JANAVALI OLD AGE HOME

VISIT TO Divya Deepa Special School

Department of Home Science faculty and 20 students had a visit to Divya Deepa Special School on 18-12-23, during this visit, the inmates of Special School got deep emotional support from the students and the students learned how to interact and cater the needs of Special Children who is with autism, attention to Deficit disorder, Cerebral Palsy and Mental Retardation.





A.S.D GOVT. DEGREE COLLEGE FOR WOMEN (A), KAKINADA



NSS Unit – I and Unit II

Activity: Visit to Oldage Home

Date	19/08/2024
Conducted through	NSS UNIT – I and II & NCC
Nature of Activity	Community Service
Title of the Activity	Visit to Oldage Home
Details of Resource Persons	Dr.V.Anantha Lakshmi
No. of Volunteers participated	100
Name of the Lecturer who Planned & conducted the Activity	P.Leena, Programme Officer Unit - I

Brief Report of the Activity :

As a part of community service, the NSS and NCC Units of our college visited the oldage home along with volunteers to build awareness about the societal responsibilities. Visiting oldage home can be a profound experience for students, providing valuable lessons and insights. All the students actively interacted with the older people and asked them about their needs. They have learned the importance of being kind, patient and supportive towards others especially with the elderly. We also distributed fruits and snacks to the older people. Dr. V. Anantha Lakshmi, Principal and Smt.M.Vasantha Lakshmi, IQAC Coordinator of our college also visited the oldage home and spent time with the elders.





Distributing Fruits, Snacks and Clothes in the oldage home



మంత్రి చిక్కాలకు...

మండల కమిషనరు సుబ్బు భోజనం చేసే పలువురు అనాథ మహిళతో రాబీ పండగ జరుపుకున్నారు. సుబ్బును సోదరునిగా భావిస్తూ పలువురు ఆయనకు రాబీలు కట్టారు. ఆయన వారికి చిరు కానుకలు అందించారు.

సాంబమూర్తి నగర్:

చదువుతో పాటు విద్యార్థినులు సేవాగుణం అలవర్చుకోవాలని ఎన్ఎస్సీ కమాండింగ్ అధికారి కల్నల్ హెచ్ఎస్ మానిక్ అన్నారు. రాబీ పండగ సందర్భంగా అన్నవరం సత్యవతీదేవి ప్రభుత్వ మహిళా డిగ్రీ కళాశాల వీడి కెఫెస్ డా.జి.ప్రమీలరాణి ఆధ్వర్యంలో ఎన్ఎస్సీ, సిపి గర్ల్స్ బెటాలియన్, ఎన్ఎస్ఎస్ విద్యార్థినులు

EENADU

జనావళి వృద్ధుల ఆశ్రమంలో సోమవారం వృద్ధులకు చీరలు, పండ్లు, పలహారం పంపిణీ చేశారు. ప్రిన్సిపల్ డా.వి.అనంతలక్ష్మి, వైస్ ప్రిన్సిపల్ డా.ఎం.సువర్చల, ఐక్యూఎస్ కోఆర్డినేటర్ ఎం.వసంతలక్ష్మి, ఎన్ఎస్ఎస్ కోఆర్డినేటర్లు పి.లీన, జి.పావని, విద్యార్థినులు పాల్గొన్నారు.

వైకాపా కార్యాలయంలో..

కాకినాడ కలెక్టరేట్: వైకాపా కార్యాలయంలో సోమవారం రక్షాబంధన్ వేడుక నిర్వహించారు. మాజీ ఎమ్మెల్యే ద్వారంపూడి చంద్రశేఖరరెడ్డి, పార్టీ మహిళా నేతలు వేడుకలో పాల్గొన్నారు. మాజీ మేయర్, నగర వైకాపా అధ్యక్షురాలు సుంకర శివప్రసన్న, కుడా మాజీ చైర్పర్సన్ రాగిరెడ్డి చంద్రకళాదీప్తి ఆయనకు రాబీలు కట్టి, మిఠాయిలు అందించారు.