#### A.S.D. GOVERNMENT DEGREE COLLEGE FOR WOMEN (AUTONOMOUS) KAKINADA

(Under the jurisdiction of Adikavi Nannaya University)

Reaccredited by NAAC with B Grade (3<sup>rd</sup> Cycle)

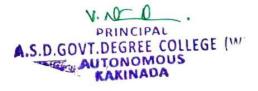


## **DEPARTMENTAL EXTENSION ACTIVITIES** 2023-2024

#### **Details of the Departmental Activities Conducted during 2023-2024**

		Name of the Department		No of
S.No	Name of The Activity		Date	Students Participated
	Beach clean up activity in	Department of Zoology		
	collaboration with Ocean	and Aquaculture		
1	Society of India	Technology	16-09-2023	163
	-	Department of Zoology		
		and Aquaculture		
	Participation in Bird	Technology in		
	Identification Census	collaboration with Forest	07.10.2022	1.4
2	Programme	department, Kakinada	07-10-2023	14
	Awareness on celebration of			
	Eco-friendly Vinayakachavithi			
	and Distribution of Clay Idols to	Department of Botany		
3	the local public	and Horticulture	16-09-2023	25
	Free Health checkup for Local	Department of Botany		100
4	People	and Horticulture	28-11-2023	100
_	Cheyutha - Visit to old age	Department of Botany and Horticulture	22 12 2022	20
5	home Awareness Drive on Medicinal		22-12-2023	20
6	Plants	Department of Botany and Horticulture	29-12-2023	20
-			29-12-2023	20
7	Awareness Programme on Consumer Rights	Department of Commerce	18-12-2023	68
/	Awareness Programme on	Commerce	16-12-2025	08
	Consumer Rights and	Department of		
8	Consumer Act 1986	Commerce	19-12-2023	55
	Rally on Consumer Rights and	Department of	19 12 2020	
9	Flash Mob	Commerce	20-12-2023	58
			23-12-2023 to	30
10	Awareness on Good Touch and Bad Touch for girl Children	Department of Home Science	30-12-2023 10	22
10			30-12-2023	22
11	Awareness on Importance of	Department of Home Science	02.09.2024	26
11	Breast Feeding		03-08-2024	36
4.5	Awareness Rally on importance	Department of Home	07.00.0024	20
12	of wearing handloom garments	Science	07-08-2024,	28
	Free General Medical Checkup	Department of		
13	for Parents	Microbiology	28-11-2023	50
	Awareness on social media and	Department of Computer	10 10 0000	50
14	threats	Science	18-12-2023	50





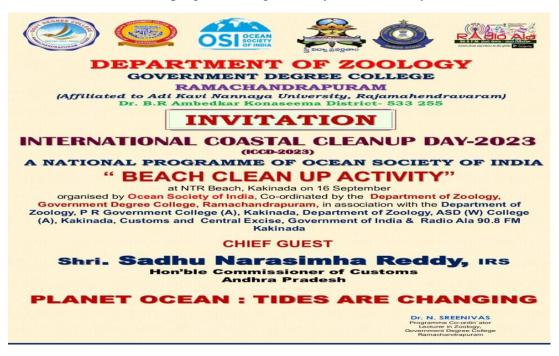
Signature of the Principal

#### A.S.D Govt. Degree College for Women (A), Kakinada.

#### **Department of Zoology and Aquaculture Technology**

"International Coastal clean-up day" programme 2023-2024

The Department of Zoology & Aquaculture Technology, ASD Government Degree College for Women (A), Kakinada observed "International Coastal Clean-up Day" at NTR beach, Kakinada on 16-09-2023. Shri Sadhu Narasimha Reddy, IRS Hon'ble Commissioner of Customs, Andhra Pradesh was the Chief Guest of the programme organised by Ocean Society of India.





Shri Sadhu Narasimha Reddy, IRS Hon'ble Commissioner of Customs, AP - inauguarating the "International Coastal clean-up day" programme

### Details of beach clean-up activity

Particulars requested	Details provided
Name of beach, district, state	NTR BEACH, KAKINADA
	KAKINADA DISTRICT
	ANDHRA PRADESH
Longitude and latitude	LAT.17.020878 <sup>0</sup> N
	LOG. 82.289048 <sup>o</sup> E
Name of co-ordinator	Dr. N. SREENIVAS
	Lecturer in Zoology
Name of implementing institution with	GOVERNMENT DEGREE COLLEGE
full details, such as, addresses,	RAMCHADRAPURAM
	Dr.B R Ambedkar Konaseema District
	Andhra Pradesh
Inaugural details (supported by photograph)	
	Coastal Beach cleanup flag off by chief guest  Sri Sadhu Narasimha Reddy IRS Commissioner Customs, Andhra Pradesh
Total Number of participants, their	<b>Sri Sadhu Narasimha Reddy</b> IRS
Total Number of participants, their details such as school students, college	<b>Sri Sadhu Narasimha Reddy</b> IRS Commissioner Customs, Andhra Pradesh
	<b>Sri Sadhu Narasimha Reddy</b> IRS Commissioner Customs, Andhra Pradesh
details such as school students, college student, local fishermen, teachers, policeman and so on	<b>Sri Sadhu Narasimha Reddy</b> IRS Commissioner Customs, Andhra Pradesh
details such as school students, college student, local fishermen, teachers,	Sri Sadhu Narasimha Reddy IRS Commissioner Customs, Andhra Pradesh  163 (LIST ENCLOSED)  1. PITHAPUR RAJAH'S
details such as school students, college student, local fishermen, teachers, policeman and so on	Sri Sadhu Narasimha Reddy IRS Commissioner Customs, Andhra Pradesh  163 (LIST ENCLOSED)  1. PITHAPUR RAJAH'S GOVERNMET COLLEGE
details such as school students, college student, local fishermen, teachers, policeman and so on	Sri Sadhu Narasimha Reddy IRS Commissioner Customs, Andhra Pradesh  163 (LIST ENCLOSED)  1. PITHAPUR RAJAH'S GOVERNMET COLLEGE (AUTONOMOUS)
details such as school students, college student, local fishermen, teachers, policeman and so on	Sri Sadhu Narasimha Reddy IRS Commissioner Customs, Andhra Pradesh  163 (LIST ENCLOSED)  1. PITHAPUR RAJAH'S GOVERNMET COLLEGE (AUTONOMOUS) KAKINADA
details such as school students, college student, local fishermen, teachers, policeman and so on	Sri Sadhu Narasimha Reddy IRS Commissioner Customs, Andhra Pradesh  163 (LIST ENCLOSED)  1. PITHAPUR RAJAH'S GOVERNMET COLLEGE (AUTONOMOUS) KAKINADA 2. ASD GOVERNMETN COLLEGE
details such as school students, college student, local fishermen, teachers, policeman and so on	Sri Sadhu Narasimha Reddy IRS Commissioner Customs, Andhra Pradesh  163 (LIST ENCLOSED)  1. PITHAPUR RAJAH'S GOVERNMET COLLEGE (AUTONOMOUS) KAKINADA 2. ASD GOVERNMETN COLLEGE FOR WOMEN (AUTONOMOUS)
details such as school students, college student, local fishermen, teachers, policeman and so on	Sri Sadhu Narasimha Reddy IRS Commissioner Customs, Andhra Pradesh  163 (LIST ENCLOSED)  1. PITHAPUR RAJAH'S GOVERNMET COLLEGE (AUTONOMOUS) KAKINADA 2. ASD GOVERNMETN COLLEGE FOR WOMEN (AUTONOMOUS) KAKINADA
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details such as school students, college student, local fishermen, teachers, policeman and so on	Sri Sadhu Narasimha Reddy IRS Commissioner Customs, Andhra Pradesh  163 (LIST ENCLOSED)  1. PITHAPUR RAJAH'S GOVERNMET COLLEGE (AUTONOMOUS) KAKINADA 2. ASD GOVERNMETN COLLEGE FOR WOMEN (AUTONOMOUS) KAKINADA 3. CUSTOMS AND CENTRAL EXCISE, GOVERNMENT OF
details such as school students, college student, local fishermen, teachers, policeman and so on	Sri Sadhu Narasimha Reddy IRS Commissioner Customs, Andhra Pradesh  163 (LIST ENCLOSED)  1. PITHAPUR RAJAH'S GOVERNMET COLLEGE (AUTONOMOUS) KAKINADA 2. ASD GOVERNMETN COLLEGE FOR WOMEN (AUTONOMOUS) KAKINADA 3. CUSTOMS AND CENTRAL EXCISE, GOVERNMENT OF INDIA
details such as school students, college student, local fishermen, teachers, policeman and so on	Sri Sadhu Narasimha Reddy IRS Commissioner Customs, Andhra Pradesh  163 (LIST ENCLOSED)  1. PITHAPUR RAJAH'S GOVERNMET COLLEGE (AUTONOMOUS) KAKINADA 2. ASD GOVERNMETN COLLEGE FOR WOMEN (AUTONOMOUS) KAKINADA 3. CUSTOMS AND CENTRAL EXCISE, GOVERNMENT OF INDIA 4. RADIO ALA 90.8 FM
details such as school students, college student, local fishermen, teachers, policeman and so on  Participating institutions names	Sri Sadhu Narasimha Reddy IRS Commissioner Customs, Andhra Pradesh  163 (LIST ENCLOSED)  1. PITHAPUR RAJAH'S GOVERNMET COLLEGE (AUTONOMOUS) KAKINADA 2. ASD GOVERNMETN COLLEGE FOR WOMEN (AUTONOMOUS) KAKINADA 3. CUSTOMS AND CENTRAL EXCISE, GOVERNMENT OF INDIA 4. RADIO ALA 90.8 FM KAKINADA
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Total number of items collected	9900
Total quantity (including all)	922.839 Kg
How wastes are being disposed off	Segregated and sent for recycling and some degradable items sent for dump yard
What was the condition of the beach before starting beach cleaning (supported by photograph)	Full of waste material
What is the condition of the beach after beach cleaning (supported by photograph)	Clean and neat
According to the Co-Ordinator, what are the factors which creates pollution and waste dumping the coast	Visitors and local vendors, Beach baths leaving the clothes, slippers, Worn-out floats, un used worn out fishing nets, Plastic bottles and water packets
How much quanity of waste collected Please attach the data)	922.839 Kg Details Attached
What is the nature of the beach, give full details	Beach is good condition after the cleaning process.
What are the solutions for avoiding waste	It is observed during the beach cleaning activity that most of the waste is left away clothes plastic sandals, thermocoal pieces. Proper provision for cloth

	change after beach bath should be there, Regular clean up of beach by the local body workers
According to you, how we can generate wealth from waste	To be recycled and used for production of other material like cloth. Plastic to be used for mixing with the bitumen for road laying.
Any other information	Frequent cleaning is need of the hour with local community
Photographs of beach cleaning activity	Attached separately
Press releases, media publicity details etc.	Attached separately

#### LIST OF PARTICIPANTS

#### **INTERNATIONAL COASTAL CLEANUP DAY-2023**

**DATE: 16.09.2023** 

SL NO	NAME	ADRESS	
NO	VOLUNTEERS FROM THE CUSTOMS DEPARTMENT		
1	SADHU NARASIMHAREDDY, IRS	COMMISSIONER OF CUSTOMS CPC, CHIEF GUEST	
2	CH V V REDDY	ASST COMMISSIONER	
3	P V V PRASADA RAO	SUPDT. OF CUSTOMS	
4	R DAYANAD	SUPDT. OF CUSTOMS	
5	K SIVASANKAR	SUPDT. OF CUSTOMS	
6	P SRIDHAR	SUPDT. OF CUSTOMS	
7	A V S V RAVI BABU	SUPDT. OF CUSTOMS	
8	M SUDEER KUMAR	SUPDT. OF CUSTOMS	
9	R KANAKA RAO	SUPDT. OF CUSTOMS	
10	SATISH SINGH	SUPDT. OF CUSTOMS	
11	KATTA RAMESH RAJU	SUPDT. OF CUSTOMS	
12	K VENKATESH	SUPDT. OF CUSTOMS	
13	AMBATI SUBHAKAR	SUPDT. OF CUSTOMS	
14	V D VIJAY KUMAR	SUPDT. OF CUSTOMS	
15	CH V KAMALAKAR	SUPDT. OF CUSTOMS	
16	P ANANDA RAO	SUPDT. OF CUSTOMS	
17	K V RAMA RAJU	INSPECTOR OF CUSTOMS	
18	N ESWAR	INSPECTOR OF CUSTOMS	
19	T VENU GOPLA	INSPECTOR OF CUSTOMS	

20	PRADEEP KUMAR	INSPECTOR OF CUSTOMS
21	PADALA AMARNADH	INSPECTOR OF CUSTOMS
22	R RAMA KRISHNA	INSPECTOR OF CUSTOMS
23	N BHANU RAJESH	INSPECTOR OF CUSTOMS
24	ASUTOSH SRIVASTAVA	EXE ASST CUSTOMS
25	P S N MURTHY	EXE ASST CUSTOMS
26	M V D POORNA CHANRA RAO	SUPERINTENDENT
27	GVV D RAMA KRISHNA	CONTINGENT
28	PRAKASH KUMAR	HAVALDAR
29	MARNI S V APPAJI	INSPECTOR OF CUSTOMS
30	SRIDHAR MAHAPATRA	MARINE ENGINEER CUSTOMS
31	P V RAMESH BABU	SUKHANI
32	SRINIVAS KUDARKA	SUKHANI
33	K VIJAY KUMAR	LDC
34	K N MURTHY	HEAD HAWADAR
35	D B GOSH	SEA MAN
36	P DHANA RAJ	GRISOR
37	PRASHANT AMBIG	SEA MAN
38	M SATYANARAYANA	SEA MAN
39	R KRISHAN	E/D
40	SHYAM KUMAR PM	SENIOR DECKMAN
41	ARJUN CP	SEA MAN

42	LEEJO D	SEA MAN
43	K NOOKA RAJU	TINDEL
44	G VEERA BABU	DRIVER
45	DHARMA PRASAD	DRIVER
46	R SRINIVAS	DRIVER
47	M DHARMA	DRIVER
48	СН МАНЕЅН	DRIVER
49	B KRISHNA	INSPECTOR OF CUSTOMS
50	CH GANAPATHI	SUKHANI
51	CH LAKXMANA RAO	SUKHANI
52	K SATYANARAYANA	SUKHANI
53	KSRINIVAS	SUKHANI
54	VISHNU M	SEA MAN
55	GOPLALA KRISHNA CHOWDARY	GREASER
56	CH BADRA RAO	SUKHANI
	VOLUNTEERS FROM ICDS (ANGAN	WADI): VAKALAPUDI AREA
57	K PRASANNA	ANGANWADI EMPLOYEE
58	S ANNAPURANA	ANGANWADI EMPLOYEE
59	G VARA LAKSMI	ANGANWADI EMPLOYEE
60	S SUJATHA	ANGANWADI EMPLOYEE
61	K VENKATA LAKSAHMI	ANGANWADI EMPLOYEE
62	APPALARAJU	ANGANWADI EMPLOYEE
63	G SWARANA KUMARI	ANGANWADI EMPLOYEE

64	S SUBHADRA	ANGANWADI EMPLOYEE
65	K K MAHA LAKSHMI	ANGANWADI EMPLOYEE
66	MANGA	ANGANWADI EMPLOYEE
67	R ARUNA	ANGANWADI EMPLOYEE
68	SATYAVATHI	ANGANWADI EMPLOYEE
69	S ANNAPOORNA	ANGANWADI EMPLOYEE
70	P DEVI	ANGANWADI EMPLOYEE
71	J MEENAKSHI	ANGANWADI EMPLOYEE
72	G PREMAVATHI	ANGANWADI EMPLOYEE
73	P SATYVAVATHI	ANGANWADI EMPLOYEE
74	G NOOKA MANI	ANGANWADI EMPLOYEE
75	P JAGADESSWARI	ANGANWADI EMPLOYEE
76	APPLAKONDA	ANGANWADI EMPLOYEE
77	P DURGA BAI	ANGANWADI EMPLOYEE
78	Y LAKSHMI KANTHAM	ANGANWADI EMPLOYEE
79	S ARUNA	ANGANWADI EMPLOYEE
80	P V RAMANA	ANGANWADI EMPLOYEE
81	M. RAMANA	ANGANWADI EMPLOYEE
82	G GAGA BHAVANI	ANGANWADI EMPLOYEE
83	S NAGA MANI	ANGANWADI EMPLOYEE
84	MERRY	ANGANWADI EMPLOYEE
85	Y SARASWATHI	ANGANWADI EMPLOYEE
86	RAMANAMMA	ANGANWADI EMPLOYEE

87	N SATYAVATHI	ANGANWADI EMPLOYEE	
88	PRASANNA	ANGANWADI EMPLOYEE	
89	CH M M V KIRANMAI	ANGANWADI EMPLOYEE	
90	S RAGHAVA	ANGANWADI EMPLOYEE	
	VOLUNTEERS FROM ICDS (ANGANWADI): PANDURU AREA		
91	K PADAMA RANI	ANGANWADI EMPLOYEE	
92	V SATYANARAYANA	ANGANWADI EMPLOYEE	
93	K GANGABHAVANI	ANGANWADI EMPLOYEE	
94	CH SUVARANA RATNAM	ANGANWADI EMPLOYEE	
95	G SUDHA RANI	ANGANWADI EMPLOYEE	
96	DURGA BHAVANI	ANGANWADI EMPLOYEE	
97	P TANUKULAMMA	ANGANWADI EMPLOYEE	
98	K LAHSHMI	ANGANWADI EMPLOYEE	
99	G CHANDRAKANTHAM	ANGANWADI EMPLOYEE	
100	G VENKATA LAKSHMI	ANGANWADI EMPLOYEE	
101	A RATNAM	ANGANWADI EMPLOYEE	
102	K BHAVANI	ANGANWADI EMPLOYEE	
103	S SUREKHA	ANGANWADI EMPLOYEE	
104	G DEVI	ANGANWADI EMPLOYEE	
105	G ЈҮОТНІ	ANGANWADI EMPLOYEE	
106	K NOOKA MANI	ANGANWADI EMPLOYEE	
107	G SUREKHA	ANGANWADI EMPLOYEE	
108	K SATYANARAYANA	ANGANWADI EMPLOYEE	

109 B VASANTHA ANGANWADI EMPLOYEE  110 M GOWRI ANGANWADI EMPLOYEE  111 J LAKSHMI ANGANWADI EMPLOYEE  112 G DEVI BHAVANI ANGANWADI EMPLOYEE  113 K A V PADMA ANGANWADI EMPLOYEE  114 V PRABHAVATHI ANGANWADI EMPLOYEE  115 G AMMAJI ANGANWADI EMPLOYEE  116 M SATYA ANGANWADI EMPLOYEE  117 PRASANNA ANGANWADI EMPLOYEE  118 K NOOKA RATNAM ANGANWADI EMPLOYEE
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117 PRASANNA ANGANWADI EMPLOYEE
118 K NOOKA RATNAM ANGANWADI EMPLOYEE
119 S SWATHI ANGANWADI EMPLOYEE
120 A DURGA ANGANWADI EMPLOYEE
121 K KUMARI ANGANWADI EMPLOYEE
VOLUNTEERS FROM ICDS (ANGANWADI): KOVVURU AREA
122 P APPALA KUMAR ANGANWADI EMPLOYEE
123 K VARA LAKSHMI ANGANWADI EMPLOYEE
124 R MANIKYAM ANGANWADI EMPLOYEE
125 CH VARALAKSHMI ANGANWADI EMPLOYEE
126 K STAYA VENI ANGANWADI EMPLOYEE
127 CH GANGA BHAVANI ANGANWADI EMPLOYEE
128 LAKSHMI ANGANWADI EMPLOYEE
129 G VAPARAMMA ANGANWADI EMPLOYEE
130 V BALAJYOTHI ANGANWADI EMPLOYEE

131	S KRANTHI	ANGANWADI EMPLOYEE
132	K GANGA BHAVANI	ANGANWADI EMPLOYEE
133	K ADI LAKSHMI	ANGANWADI EMPLOYEE
134	P BHU LAKSHMI	ANGANWADI EMPLOYEE
	VOLUNTEERS FROM ICDS (A	NGANWADI): SARPAVARM AREA
135	K RATNAM	ANGANWADI EMPLOYEE
136	D BHAVANI	ANGANWADI EMPLOYEE
137	D LAKSHMI	ANGANWADI EMPLOYEE
	M KRUPA	
138 139	CH VENKATA LAKSHMI	ANGANWADI EMPLOYEE ANGANWADI EMPLOYEE
140	B BHAGAVATHI	ANGANWADI EMPLOYEE  ANGANWADI EMPLOYEE
141	A M LAKSHMI	ANGANWADI EMPLOTEE  ANGANWADI EMPLOYEE
142	Y PADAMAVATHI	ANGANWADI EMPLOYEE
143	U SANDHYA	ANGANWADI EMPLOYEE
144	CH BHAVANI	ANGANWADI EMPLOYEE
145	SK NASREEN	ANGANWADI EMPLOYEE
146	CH VENKATA LAKSHMI	ANGANWADI EMPLOYEE
147	N MANGA	ANGANWADI EMPLOYEE
148	D RAJESARI	ANGANWADI EMPLOYEE
149	I PADAMA	ANGANWADI EMPLOYEE
150	CH MERY JYOTHI	ANGANWADI EMPLOYEE
151	SOMULAMMA	ANGANWADI EMPLOYEE
152	J PARAM JYOTHI	ANGANWADI EMPLOYEE
153	CH SYAMALA	ANGANWADI EMPLOYEE
154	DR K C SATHYALATHA	PRINCIPAL ORGANISING INSTITUTE, GOVERNMENT DEGREE COLLEGE RAMAHANDRAPURAM
155	MS. Y PADAMAJA	VICE PRINCIPAL ORGANISING INSTITUTE, GOVERNMENT DEGREE COLLEGE RAMAHANDRAPURAM
155	SRI B CHAKRAVARHI	HOD DEPARTMENT OF ZOOLOGY, PITHAPUR RAJAH'S GOVERNMENT COLLEGE (A), KAKINADA
		ASSOCIATED COLLEGE
156	SRI T VENKATESWARA RAO	LECTURER IN ZOOLOGY PITHAPUR RAJAH'S GOVERNMENT COLLEGE (A), KAKINADA ASSOCIATED COLLEGE

157	SMT M VASANTHA LAKSHMI	HOD DEPARTMENT OF ZOOLOGY ASD COLLEGE FOR WOMEN (A), KAKINADA
		ASSOCIATED COLLEGE
4 = 0		LECTURER IN ZOOLOGY
158	SMT. S MADHAVI	ASD COLLEGE FOR WOMEN (A), KAKINADA
		ASSOCIATED COLLEGE
159	K. BALAJI	STUDENT PITHAPUR RAJAH'S GOVERNMENT COLLEGE (A), KAKINADA
		ASSOCIATED COLLEGE
160	K DURGA PRASAD	STUDENT PITHAPUR RAJAH'S GOVERNMENT COLLEGE (A), KAKINADA
		ASSOCIATED COLLEGE
161	DR K VENKATA RAMANA	SATYA SCAN KAKINADA
162	SRI M V R PHANEENDRA	RADIO ALA 90.8 FM, KAKINDA
163	Dr. N SREENIVAS COORDINATOR	LECTURER IN ZOOLOGY GOVERNMENT DEGREE COLLEGE RAMACHANDRAPURAM

ITEMS COLLECTED AT NTR BEACH KAKINDA ON 16.09.2023 ON INTERANTIONAL COASTL CLEAN UP DAY (ICCD-2023)					
CATEGORY	DESCRIPTION	NUMBER OF ITEMS	WEIGHT KGS		
	PLASTIC CAP (BOTTEL CAPS)	624	12.48		
	PLASITIC WATER BOTTLES	451	90.2		
	PLATIC LIQUOR BOTTLE	163	3.26		
	PLASTIC MEDICINE BOTTLE	25	0.75		
	POLYTHENE COVER (CARRY BAGS)	300	11.7		
	PLASTIC SPOON	245	4.41		
	PLASTIC CUPS	179	6.265		
	FOOD CONTAINERS (BOX)	200	6.6		
	FOOD WRAPPERS	728	21.84		
	CIGARETTE LIGHTER	2	0.09		
	CIGARETTE BUTTS & FILTERS	149	0.745		
	CIGARETTE PACKS	19	0.024		
	PLASTIC ROPE	24	1.08		
	FISHING FLOATS	480	108		
	FISHING NET	19	3.42		
PLASITC	PLASTIC PIECES	387	11.61		
	TOYS	60	4.68		
	BALLPOINT PEN	15	0.27		
	PLASTIC SHAVING RAZOR	15	0.51		
	PLASTIC COMB	14	0.28		
	TOOTH BRUSH	14	0.28		
	SYRINGE	9	0.36		
	MEDICINE TABLET & OINTMENT COVER	47	1.034		
	OTHER PLASTIC ITEMS	179	3.938		
	LIQUOR GLASSS BOTTLE	863	129.45		
	MEDICINE GALSS BOTTLE	24	1.2		
GLASS	GLASS BOTTLE OTHER	79	1.58		
GLASS	LIGHT BULBS	6	0.09		
			1.08		
	OTHER GLASS ITEMS	24			
	FOAM SPONGE	7	0.329		
	FOAM THERMOCOL	745	22.35		
	METAL CAPS (NAILS)	124	2.48		
	ELECTRIC WIRE	8	0.24		
	METAL SPOONS	2	0.024		

PAPER (INCLUDING NEWS PAPER AND		
MAGAZINES)	225	4.275
CARD BOARD BOXES & FRAGMENTS	531	
OTHER PAPER ITEMS (PAPER FOOD PLATES)	181	6.335
OTHER CLOTH (JENAS) CLOTH TOREN DRESS, UNDER WEARS, INNERS , SAREES,ETC (LEFT AFTER BATH IN THE SEA)	1140	153.9
ICE CREAM STICKS	452	1.808
WOOD (OTHERS) BOAT WOOD PIECES	21	8.4
FOOT WEAR (OLD SHOES, OLD SANDALS)	631	268.175
OTHER RUBBER ITEMS (GLOVES)	154	1.54
APPLIANCES & ELECTRONICS	25	1.025
CORN FLAKE COMBS	185	5.55
PLASTER OF PARIES PIECES OF IDOLS	125	7.5
TOTAL	9900	922.839

### **Gallery**































#### **INTERNATIONAL COASTAL CLEANUP DAY-2023**

DATE: 16.09.2023

SL NO	NAME	ADRESS	MOBILE NO	MAIL ID	SIGNATURE
1	Sadhu Narasimhaledd		The state of the s	The second secon	SIGNATURE
2	Ch. V.V-Reddy	Asst-Comm	9440376625		Part 119 12
3	P.V.V. Prosodo fero	Supatrojeuston	9133666241	(mehepprotestsssegmonthen	1. 1. 1 Rog 123
4	R. Dayanand	supat y custom	9440076363	¿dayanandiyothi egmale	" Joed Soll
5	K. SIVASANKAR	-do-	89855 19761	SLIVETZONE John	Jul Jul
6	P. Stidhar	-do-	7182224731	P. 20-	P. SRIDHAR.
7	AV.S.V. RaviBabu	-do -	9490874527	avsv99@gmil.com	1 Nos
8	n. Sudheer Kumar		9177844701	avsv919@fmnil.com vandirologuail.com Sudheen aguail.com	Mund
9	R. Kanna Row	-do-	986693367		26/9
10	Satish Eringh	-do-	9346467059		Muce
11	Katta Ramesh Rojn	-do-	7013571676	hameshey35k@gmail.com	ran
12	K. Venkatesh	-dr-	8267452918		KU
13	Ambeti Sudhakar	nda-	9966 28 2 244	Sudhakar 7686@gmail.m	n
14	v.D. ViJay Kumar	-do-		valarkula 75@ glucilicas	wy -
	ch.v. Kamala Kar	-do-	9346613966	On-02	
-	P. Arando Rau	-do-	9848224672	0-	PAI
-	K.V. Roma Kaju		9441461688		Æ
-	N. ESNAN	-do-	N1054520FD		B
19	T. verngopal	-du-			Destern
20	Porodeop Kernan	-do-	9306935412	Boodeet Kumaskion Rogum	P. Kuman
21	Padale Amarrodh	-do-			
22	R. Ramaknishne	-do -	9866240086	ramalinishne 478@g my	rom PL.
23	N. Bhann Rojesh	-dv-	8019871387	- When no on Dyna	low M

#### **INTERNATIONAL COASTAL CLEANUP DAY-2023**

DATE:16.09.2023

SL NO	NAME	ADRESS	MOBILE NO	MAIL ID	SIGNATURE
24	A smartosh snikstava	Exe. Asst.	9450868274	Lashutasherivestuck92@	18
25	P.S.N. murthy	Exe. Asst.	8686053282		PSW Mully
26	M.V.D. Pornachandralla	Superintended	9490397979		
27	G.V. Vishamalen's him	Contingent	8008202457		6.v.v.oda'
28	Prakosh Kuman	Havaldar	8873289949		Prakash Kr.
29	Marnisu Approfi	Inspeda	9701233169		garta-je
30	suidhor Mahapatra	marine Etgiher	98754179	77	5
31	P.V. Ramesh Buby	Stukkeni	9849757550		2
32	Snirived Kudarkan	Sukhani	8722-189585		
33	K. Vijay Kuma	LDC	944106424		\100mm
34	K.N. mustry	Heed Hawalde	2989295275		M
35	DB. Ghush	Seamon	6296576809		Q. behoth
36	p. Drane Rej	GNIN	79951321.8		Pour
37	prashant Ambig	Jeaman	8310028048		Qt.
38	M. Satyannengare		9640747169		mQ
39	R. Krisum	E:/D	7013242	67	
40	Shycomkuman.PM	. Senior Decklon	9567232	<b>9</b> 0	Show
41	Arjun · C.P	Leaman	9946986695		Mis
42		leamon	B212413017		No
43	Leejo B K. Nuska ReJ	Tomudal	701324257		VO
44	G. veere Badu	Driver	8121543339		Cusafalan
45	R. Snimivals	Driver	7595419985		Bore
46	Dharma Presed	-00-			lone

#### INTERNATIONAL COASTAL CLEANUP DAY-2023

DATE:16.09.2023

SI NO	VENUE: NTR BEACH KAKINADA						
SL NO	TVAINE	ADRESS	MOBILE NO	MAIL ID	SIGNATURE		
47	m. Dharme	onver	9963220763		65		
48	Ch. mahesh	_do-	996644370		Chume		
49	B. Krishna	Insp	9676723415		MÔ		
50	Ch. Campulto be	shoy'	4.989341190		aanr		
51	Ch. lasmanales	-10			Loyana		
52	K-satyanaryan	-do-			16 Solyculus		
53	Kirinta	-00-			10 8pl		
54	Ch. Bedra Raw				Ch 2450 -		
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6 179	Kik Maha Lakshoni	S. Subhadaa
7 120	8 Amma pooma	Saltyovathi P. Devi
9 192	J. Mcchalphi	G. Polemarath
10 133	P. Satyavathi Jagadeeswari	Gr. Doolsa nmo
11 258	P. Dwige Bai	Appalakond Y. Lakshai kanlis
12 266	S. Diuna M. Romana	P.V. Ramana
150 267	S. Naga Mariveni Y. Saraswalki	M. Ganga Bhaves
15 268 16 29A	Y Saraswalki N. Satyavalthi	· Ramana mma

1 155 K. Padma Ravi	V Satyanamayana
2 156 & Grange Blowni	CH. Suvarna Ratham
3 157 G. Sydha Rani	Dunga Bharan
4 178 P. Tanukulamma	k dakshmi
5 159 G. Chandrakantam	Gr. Verkatalakon
6 160 k. Rajyalakohni	Gr. Grani Lakshni
2 272 A. Ratnam	Alk Bharani
8 957 S. Swickha	Burt of the
9 146	G. Devi
10 15	GriTyoth
11 150 K. Nookamani	G Suggest he
14 974	IK Salganosayana
17 120	13 Basantta
19 193	M. Gowi
15 149 J. Lafethai	6 Den Bhavan
16 273 k AVRadma	V. Pho Poro Bhavalle
17 301 G. Ammey): 13 148 M. S.Lya	
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20161 A. Durga	S. Shuth
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# MEDIA COVERAGE



# పర్యావరణ హితానికి నడుం బిగించిన సంస్థలు



జీచ్లో సేకరించిన వృర్ధాలతో కస్టమ్స్ కమిషనర్ నరసింహారెడ్డి తబితరులు

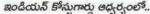
కాకినాడ రూరల్: కాకినాడ సూర్యారావుపేట బీచ్లో పర్యావరణ హితానికి పూనుకున్నారు. తీర ప్రాం తాన్ని పరిశుభంగా తీర్చిదిద్దారు. అంతర్జాతీయ తీర పరిశుభతా దినోత్సవం సందర్భంగా శనివారం ఇండియన్ గార్డు, కస్టమ్స్ శాఖ ఆధ్వర్యంలో వేర్వే రుగా కార్యక్రమాలు చేపట్టాయి. ఇండియన్ కోస్ట్ గార్డ్ ఆధ్వర్యంలో జరిగిన కార్యక్రమంలో ఓఎన్జీసీ కాకినాడ అసెట్ మేనేజరు, ఎగ్జిక్యూటివ్ డైరెక్టరు రత్నేష్కుమార్ ముఖ్య అతిథిగా పాల్గొన్నారు. సిం గిల్ యూజ్ ప్లాస్టిక్ వినియోగం మానుకోవాలని ఆయన హితవు పలికారు. పర్యావరణాన్ని కాపాడు కోపోతే ఆక్సిజన్ను కొనుక్కోవల్సి వస్తుందని సెంటల్ కస్టమ్స్ శాఖ కమిషనర్ సాధు నరసింహారెడ్డి మరో కార్యక్రమంలో పేర్కొన్నారు. ఓషన్ సొసైటీ ఆఫ్ ఇండియా సహకారంతో కస్టమ్స్ డిపార్జుమెంట్, రామచంద్రపురం కృత్తికంటి పేర్రాజు పంతులు ప్రభుత్వ డిగ్రీ కళాశాల, కాకినాడ పీఆర్ కళాశాల, ప్రభుత్వ మహిళా కళాశాల, రేడియా అల 90.8ఎఫ్ ఎం, డ్వాక్రా మహిళలు, సంయుక్త ఆధ్వర్యంలో కార్యక్రమం జరిగింది.

17/09/2023 | Page: 9 Source: https://epaper.sakshi.com/

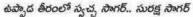


# పర్యావరణాన్ని పలిరక్షించుకోవాలి

కాకివాడ గ్రామీణం (సర్సవరం జంక్షన్), మ్యాస్ట్ బుడే: ఇండియన్ కోన్నుగార్ము ఆధ్వర్యంలో.. పర్యావరణ పరిరక్షణ అందరి బాధ్యత, పర్యావరణాన్ని కాపాడుకోలేకపోతే భవిష్యత్తు తరాలవారు అక్సిజన్ సీలిం డర్లు కొనుగోలు చేసుకునే దుస్టితి వస్తుందని ఏపీ కస్టమ్స్ కమిషనర్ సాధు నరసింహారెడ్డి చెప్పారు. అంతర్జాతీయ తీరప్రాంత పరిశుభత దినోత్సవాన్ని పురస్కరించుకుని శని వారం ఓషన్ సొసైటీ ఆఫ్ ఇండియా సహకారంతో సూర్యారావు పేట సముద్రతీరంలో వ్యర్ధాల సేకరణ, అవగా హన ర్యాలీని ఆయన ప్రారంభించి మాట్లాడారు. కస్టమ్బ్ డిపార్మమెంట్, రామచండ్రాపురం కృత్తివెంట పేర్రాజు పంతులు, కాకినాడ పీఆర్, ప్రభుత్వ మహీళా, ఆదిత్య కళా శాలల విద్యార్థులు, వసీడీఎస్, రేడీయో అలాఎఫ్ఎం 90. 8 ఆధ్వర్యంలో తీరంలో పారిశుధ్య కార్యక్రమాలు సర్వ హించారు కస్టమ్స్ సహాయ కమిషనర్ సీహెచ్.వీరవెంక టరెడ్డి, ఓషన్ ఇండియా కోఆర్డినేటర్ డాక్టర్ శ్రీనివాస్. జనీడీఎస్ సీడీపీవో లక్ష్మి, పలు విభాగాల ఆధికారులు, సిబ్బంది, విద్యార్తులు, అంగన్వాడీ ఉద్యోగులు, స్వచ్చంద సంస్థల డ్రతినిదులు పాల్గొన్నారు.



ఇండియన్ కోస్టగార్డు కాకినాడ స్టేషన్ ఆధ్వర్యంలో ఓఎన్జీసీ, రిలయన్స్, కాకినాడ సీ పోర్బ్స్ వేదాంత లేమి టెడ్, వాకలపూడి మెరైన్ పోలీస్, ఎకోలాస్టిక్, మెడికవర్ హాస్పటల్స్ ఉద్యోగులు, సిబ్బంది, వివిధ పాఠశాలల విద్యా ర్మలు, ఎన్నోసీసీ క్యాడెట్లు, స్వేచ్చంద సంస్థల ప్రతినిధులు, విద్యార్ధుల తీరంలో చెత్త సేకరించారు. ఓఎన్జేసీ ఈడీ రత్పేష్కుమార్ మాట్లాడుతూ సింగ్ల్ యూజ్ ప్రాస్టిక్ ను కూడా నిషేదించినప్పుడే సత్పలితాల వస్తాయని చెప్పారు. కోస్తుగార్మ కాకినాడ్ స్టేషన్ కమాండెంట్ టీఆర్కేరావు. కమాండెంట్లు ప్రపల్లకుమార్, శ్రీనివాస్, రిలయన్స్ సీని యర్ మేనేజర్ కరీం, వేదాంత మేనేజర్ కృష్ణ, ఎకోలాస్టిక్ ప్రతినిధి రవిశంకర్, మెరైన్ ఎస్పై సత్యనారాయరెడ్డి తది తరులు పాల్గొన్నారు.



**ම්ලේඛව:** පරජලුම්ණ ම්රුඛ්රණ ක්රික්කුණ සින්ණුක්ර సందర్భంగా శనివారం ఉప్పాద తీరంలో ఇన్క్రాయిస్ సంస్థ



వ్వర్గాల తొలగింపులో ఓఎన్జీసీ ఈడీ రత్కేష్కుమార్, అభికారులు

ఆధ్వర్యంలో స్వచ్ఛ సాగర్ సుదక్ష సాగర్ కార్యక్రమం నిర్వ హించారు. సుస్ట సభ్యులు, ప్రజ్ఞాపతినిధులు తీరంలో పర్య టించి చెత్త, షాస్టిక్ వ్యర్థాలను సేకరించారు. సముద తీరాన్ని డంపింగ్యార్థులా వినియోగిస్తున్నారని సంస్థ డ్రతి నిడులు అన్నారు. కార్యక్రమం ద్వారా సముదంలో వ్యర్థాలు కలవడం వల్ల జరిగే నష్టాలను మత్త్వకారులకు వివరిం చారు. ప్రతి ఒక్కరూ సముద్రంలో కలుషితాలు చేరకుండా వాధ్యతగా తీసుకోవాలన్నారు. కార్యక్రమంలో సర్వంచి నక్కా మణికంఠబాబు, ఎఫ్డ్ జీరామకృష్ణ, ఎంటీటీసీ ఎల్వాజీ, ఉమ్మిడి జాన్ తదితరులు పాల్గొన్నారు.



(c) eenadu

Date: 17/09/2023 EditionName: ANDHRA PRADESH(KAKINADA) PageNo:



# పర్వావరణాన్ని కాపాడుకోవాలి



కాకినాడ జాచ్ క్లినప్ కార్యక్రమాన్మి ప్రారంభిస్తున్న కస్టమ్స్ కమిషనర్ నరసింహారెడ్డి

බරුඛරට සරදුරි, 'බ්බුංසරි 18. (බ්ණුම් (ක්ඨාභිංචිර බ්පාුඛරකාඩ) පැමැ డుకోవాలని, లేదంటే డ్రక్కత్ డ్రసాదించిన ఆక్ష్మీజన్ని కొనుక్కోవాల్సిన పరిస్తి

#### 🗯 జీచ్ క్రీనప్ డైప్ల్ కస్టమ్స్ కమిషనర్ నరసింహారెడ్డి

తులు వస్తాయని కస్తమ్స్ కమిషనర్ నరసింహారెడ్డి అన్నారు. అంతర్వాతీయ తీర పరిశుభ్రత దినోత్సవం సందర్భంగా శనిచారం ఓపన్ హిసైజీ ఆఫ్ ఇండియా నహకారంతో జండియన్ కోస్ట్ గార్లు, ఎకోలాన్రిక్, కస్టమ్స్ డిపార్లమెంట్, కృతికంటి ්වුවක බරහාපා බුණුණු සිළු හැමිනි. විශර් හැමිනිප බරුණාණු ශේල්ලාණ් మార్వారావుపేట బీచ్లో మల్టీ నీటీ బీచ్ క్లేనప్ డైప్ కార్బక్రమం నిర్వహించారు. ఈ నందర్భంగా ఆయన మాట్లాడుతూ పర్వావరణ పరిరక్షణ (పతిఒక్కరెఫ్టి ఉందన్నారు. భూమిని ఇష్టానుసారంగా కలుషీతం చేయరాదన్నారు. సముద్రతీ రంలో ఉన్న ష్వాస్టిక్, చెత్తా వ్యరాలను తొలగించి బీచిను పరిశుభం చేశారు. ఈ నందర్భంగా నహజ వనరులు, నహజ పర్యావరణ పరిరక్షణ పెంపోందించడమే ఎకోలాస్ట్రీక్ లక్ష్మమని ప్రతినిధులు తెలిపారు. ప్రాస్టిక్ నివారణ, నముద్రతీరం వరిశుభ్రంగా ఉంచుతామని ప్రతిజ్ఞ చేశారు. కార్మక్రమంలో ఓషన్ సొసైటీ ఆఫ్ ఇండియా ప్రోగ్రాం కోఆర్షినీటర్ డాక్టర్ ఎన్.శ్రీనివాస్, కన్నమ్స్ హోస్ డిహ్మాటీ కమిషనర్ విజయ్కుమార్, ఇన్స్టాకర్ను అల్మారి మరేంద్రబాబు, పలు కాలేతీల (పినిపాల్స్ డాక్టర్ పత్కలత, డాక్టర్ చక్రవర్తి పాలొన్నారు.

Date: 17/09/, Edition: KAKINADA(KAKINADA DISTRICT), Page:1 Source: https://epaper.andhrajyothy.com



# ఉత్యాహంగా తీర పలిశుభ్రతా బినోత్సవం

ప్రజాశక్తి-కాకినాద రూరల్, యు.కొత్తపల్లి

అంతర్జాతీయ తీర పరిశుభతా దినోత్సవం సందర్భంగా ఓషన్ సొసైటీ ఆఫ్ ఇండియా, కస్టమ్స్ డిపార్ట్మ్ మెంట్, రామచంద్రా పురం కత్తికంటి పేర్రాజు వంతులు డిగ్రీ కళాశాల, కాకినాద పీఆర్ కళాశాల,

ప్రభుత్వ మహిళా కళాశాల, రేడియో అల 90.8 ఎఫ్ఎం సంయక్త ఆధ్వర్యంలో శనివారం వాకలపూడి బీచ్లో పరిశుభ్రత కార్యక్రమం నిర్వహించారు. తీరంలో ప్లాస్టిక్, గాజు సీసాల వ్యర్థాలను సేకరించి డంపింగ్ యార్డుకు తరలించారు. ఈ కార్యక్రమంలో ఎపి కస్టమ్స్ కమిషనర్ సాధు నరసింహారెడ్డి, సత్య స్కాస్ సెంటర్ మేనేజింగ్ డైరెక్టర్ కాదా వెంకట రమణ,



డాక్టర్ ఎస్.శ్రీనివాస్, ట్రిన్సిపల్ డాక్టర్ కె.సత్యలత, డాక్టర్ చక్రవర్తి, సిడిపిఒ వై.లక్ష్మి, పాల్గొన్నారు. యు.కొత్తపల్లి అమీనాబాద్ సముద్రం తీరం వద్ద చెత్తను సేకరించారు. సర్పంచులు నక్కా మణికంఠ బాబు, ఉమ్మిడి మేరీ జాస్, సైంటిస్ట్ డాక్టర్ పి.విజయ, ప్రాజెక్ట్ సైంటిస్ట్ సిహెచ్.శ్రావణి, మత్స్యశాఖ అధికారి కె.శ్రీరామకృష్ణ పాల్గొన్నారు.

Date: 2023-09-17, Edition:Kakinada, Pg.No: 1 Source: https://epaper.prajasakti.com



## పర్వావరణాన్ని కాపాదకపాతే ఆక్సిజన్ ను కొనుక్కోవాల్సి వస్తుంది

– కస్టమ్స్ కమీషనర్ సాధు నరసింహారెడ్డి కాకినాద రూరల్, మేజర్ న్యూస్ : అంతర్వాతీయ తీర పరిశు భ్రత దినోత్సవం సందర్భంగా ఓషన్ సొసైటీ ఆఫ్ ఇందియా సహకారంతో కస్టమ్స్ డిపార్ట్ మెంట్ రామచంబ్రాపురం కృత్తికంటి పేర్రాజు పంతులు (ప్రభుత్వ డిగ్రీ కళాశాల, కాకినాద పిరాపూర్ రాజా ప్రభుత్వ కళాశాల, ప్రభుత్వ మహీళా కళాశాలల, రేడియో అల 90.8 ఎఫ్.ఎం ల నంయక్ష ఆధ్వర్యంలో శనివారం కాకినాడ దూరల్ వాకలపూడి ఎస్.బీ అర్ బీచ్ లో పరిశుభత కార్యకమం ಜರಿಗಿಂದಿ.

సేకరించి దంపింగ్ యార్తుకు తరలించారు.ఈ వ్యరాలను కార్యక్రమానికి ముఖ్య అతిథిగా అంద్రప్రదేశ్ కస్టమ్స్ కమిషనర్ సాధు నరసింహా రెడ్డి పాల్గొని మాట్లాడుతూ పర్యావరణ పరిరక్షణ బ్రతి వైద్యులు, సత్య స్నాన్ సెంటర్ మేనేజింగ్ దైరెక్టర్ కాదా వెంకట రమణ విద్యార్థినులు పాల్గొన్నారు.



పర్యావరణం పట్ల పిల్లలో బాల్యం నుంచే అవగాహన పెంపొందిచేలా పాల్చొన్న ప్రతివక్కరు దాదాపుగా 850 కేజీల ప్లాస్టిక్, గాజు సీసాల కృషి చేయాలని కోరారు.ఈ కార్మక్రమంలో ఓషన్ స్టాసైటీ ఆఫ్ ఇండియా ప్రాగ్రాం కో- ఆర్డినేటర్ దాక్టర్ ఎన్.(శీనివాస్, రామచంద్రాపురం ప్రభుత్వ కళాశాల ప్రిస్పిపాల్ దాక్టర్ కె.సత్యలత, దాక్టర్ చక్రవర్తి, సత్య స్మాన్ సెంటర్ మేనేజింగ్ దైరెక్టర్ దాక్టర్ కాదా ఒక్కరిపైనా ఉందన్నారు. భూమిని ఇష్టానుసారంగా కలుషితం చేస్తే. వెంకటరమణ, ఐ.సి.డి.ఎస్ కాకినాద రూరల్ సి.డి.పి.ఓ వై.లక్ష్మి, భవిష్పత్ తరాలు జీవించడానికి ఆక్సిజన్ సిలందర్లను కొనుగోలు కాకినాద కస్టమ్స్ హౌస్ అనిస్టెంట్ కమీషనర్ సి.హెచ్.వీర వెంకట రెడ్డి, చెయ్యాబ్సిన దుస్టితి ఏర్పదే ద్రమాదం ఉందన్నారు. బాల్యం నుండే కార్యాలయ సూపరించిందింట్లు, ఇన్స్పేక్టర్లు, మినిస్టీరియల్ స్టాఫ్, పిల్లలకు పరిసరాల పరిశుభశపై అవగాహన కలిగించాల్సిన బాధ్యత హవాల్గర్లు, మెరైన్ స్టాఫ్, మరియు అల్ ఇజ్ వెల్ స్పచ్ఛంద సంస్థ తల్లితం[దులలతోపాటు ఉపాధ్యాయులపై ఉందన్నారు. ప్రముఖ ప్రతినిదిధి కె.కిశోర్ కుమార్ వారి సభ్యులు, ఆదిత్య కళాశాల

https://youtu.be/SU-M0G0uA9w?si=wDA4YgmYjNXphXVt

https://youtu.be/-VO6mJnCfKs?t=68













# INTERNATIONAL COASTAL CLEANUP DAY-2023

A NATIONAL PROGRAMME OF OCEAN SOCIETY OF INDIA
PLANET OCEAN: TIDES ARE CHANGING

This is to Certify that

has volunteered as a committed participant in "Beach Clean Up Activity" at NTR Beach, Kakinada on 16 September 2023 as part of International Coastal Cleanup Day - 2023. The event was organised by Ocean Society of India, Co-ordinated by the Department of Zoology, Government Degree College, Ramachandrapuram, in association with the Department of Zoology, P.R.Government College (A), Kakinada, Department of Zoology, ASD (W) College (A), Kakinada, Central Board of Indirect Taxes & Customs, Government of India & Radio Ala 90.8 FM, Kakinada.

#### Dr. N. SREENIVAS

Programmi Co-ordinator Lecturer in Zoology, Government Degree College Romachandropurum



Principal
Garacrament Degree Callege
Ramachandrapuram



Co-ordinator, GC Member Hon: Professor Kerala University













# INTERNATIONAL COASTAL CLEAN UP DAY - 2023

(ICCD 2023)

## **PLANET OCEAN: TIDES ARE CHANGING**

A NATIONAL PROGRAMME OF OCEAN SOCIETY OF INDIA SAY NO TO PLASTIC, POLLUTION AND SAVE OCEANS 16 September 2023

Organizing institute: DEPARTMENT OF ZOOLOGY, GOVERNMENT DEGREE COLLEGE,
RAMACHANDRAPURAM

#### In association with

- Department of Zoology, Pitapur Rajah's Government College (A), Kakinada,
  - Department of Zoology, ASD (W) College (A), Kakinada;
  - ❖ Central Board Of Indirect Taxes & Customs, Government of India
    - Radio Ala 90.8 FM Kakinada

#### ASD GOVT DEGREE COLLEGE FOR WOMEN (A), KAKINADA

#### DEPARTMENT OF ZOOLOGY AND AQUACULTURE TECHNOLOGY

#### "ON BIRD IDENTIFICATION CENSUS" (2023-2024)

The staff and students of the Department of Zoology, ASD Government Degree College for Women (A), Kakinada have attended one day TRAINING "ON BIRD IDENTIFICATION, BIRD MIGRATION, MONITORING, MIGRATION STUDY TECHNIQUES CENTRAL ASIAN FLYWAY, AWC - ASIAN WATERBIRD CENSUS TECHNIQUES", organized by the Forest Department. This initiative aims to foster environmental awareness and conservation efforts S. Bharani IFS, DFO Kakinada; G.G Narendran IFS, DFO Rampachodavaram; K. Mrutyumjaya Rao, Rt BSNL Engineer- IBCN of AP State Govt & D. Mahesh babu Wild life biologist, CWS AP are the resource persons of the training programme 29 Zoology honours, 3 II CBZ & 8 III CBZ& CZAqt students participated in the programme. Forest Department - Coringa wild life Sanctuary. On 03/10/2023



Speech by G.G Narendran IFS, DFO Rampachodavaram



Speech by K. Mrutyumjaya Rao, Rt BSNL Engineer



#### Field Visit on bird Identification





The total team in the field trip of Training on Bird Identification, Bird Migration, Monitoring, Migration StudyTechniques Central Asian Flyway, AWC - Asian Water bird Census Techniques



#### A.S.D. GOVT. DEGREE COLLEGE FOR WOMEN(A),

KAKINADA - 533002, EASTGODAVARI, ANDHRA PRADESH

#### DEPARTMENT OF BOTANY & HORTICULTURE



Eco-Friendly Vinayaka Chavithi Celebrations on 16-09.2023

#### **ACTIVITY REGISTER FOR THE MONTH OF SEPTEMBER 2023**

Title of the Activity	Eco-Friendly Vinayaka chavithi celebrations
Date	16.09.2023
Conducted by	Department of Botany & Horticulture
Nature of Activity	Ecofriendly Vinayaka Chavithi celebrations
Number of Students Participated	25
Brief Report on the Activity	Dept of Botany & Horticulture In association with Ecoclub organised Vinayaka chavithi patri exhibition in our college and students of Botany Major 1st year students explained about the medicinal importance of various plants used as patri and distributed clay idols of vinayaka to the faculty members of our college ON 16-09-2023
Name of the Lecturer who planned and conducted the Activity	Ms. K.N.V.S.N.Eswari Dr.M.Sulakshana Mrs.N.Pushpa Mrs. P.Prasanna sai
Signature of the Dept. Incharge / Convenor of the Committee	Lecturer  Department of kotany Incharge in Botany  AD. Govi. Degree College for Work  KAKINADA
Signature of the Principal	A.S.D.GOVT.DEGREE COLLEGE (M. AUTONOMOUS KAKINADA
Remarks	



Faculty & Students Explaining the Importance of Plants & Ecofriendly Idol of Vinayaka



Faculty Distributed Clay Idol to the Principal madam



Students explaining about the Medicinal importance of Plants used as Vinayaka Patri to the Chief Guest



Principal madam , Vice principal madam , IQAC Coordinator & staff > Visted the Exhibition and listening the importance of the 21 patri

Sl.no.	Local name Telugu	Scientific name
1	Machi pathram	(Artmesia vulgaris)
2	Bruhathi Patram	(Solanum xanthocarpum
3	Bilva Patram	Aegle marmelos
4	Dhurvayugmam	Cynodon dactylon
5	Durthaara(Umathai	Datura metel
6	Badhari (Ilandai	Zizyphus jujuba
7	Apaamaarga (Nayuruvi	Achyranthes aspera
8	Tulasi	Ocimum sanctum
9	Chootha	Mangifera indica
10	Karaveera (Arali	Nerium oleander/indicum
11	VishnuKrantha	Evolvulus alsinoides
12	Dhadimi(Mathulai	Punica granatum
13	Devadaru	Cedras deodara
14	Maruvaka	Origanum marjoram
15	Sindhuvara (Vavilaku	Viex nigundo
16	Jaji (Jaji Malli	Jasminum grandiflorum
17	Gandaki	Solonum nigrum
18	Shamee (Vanni	Prosopis spicigera
19	Ashwattha	Ficus religiosa
20	Arjuna	Terminalia arjuna
21	Arka	Calotropis gigantea

#### Importance of patri

#### Machi pathram (Artmesia vulgaris)

This is found all over the globe. These leaves have medicinal properties as they can cure nerverelated problems, stomach problems, and headaches. It can ease dry mouth syndrome and increases one's appetite.

#### **Bruhathi Patram (Solanum xanthocarpum)**

This plant grows only in the wild or open lands. It has thorny leaves and bitter fruits. Its flowers are white and yellow. The leaves are good for cough, heavy breathing, and mucus. The fruits are helpful in tooth infections. They are consumed like a vegetable.

#### **Bilva Patram (Aegle marmelos)**

These leaves are also common in Shiva worship. The leaves resemble his trident. The fruits were used instead of coconuts earlier. The essential oil of the Bilva tree is effective against 21 kinds of bacteria. It enables smooth bowel movement. People who have constipation and other gastrointestinal issues can benefit from it.

#### Dhurvayugmam (Aruham pul) - Cynodon dactylon

The common name for Durvayugmam is 'Garika' or 'Bermuda Grass'. The Jaimaneya Bharatham says that this grass was formed from the body hair of King Prajapathi. Devotees make garlands with this grass and offer them to Ganesha. This grass is good for digestion and can cure stomach ailments. Dogs with stomach problems often eat this grass. Hence it got the name 'Dogs' tooth grass. The grass has lots of chlorophyll, which is alkaline. It also has many nutrients and minerals. It is also used to control pests and treat skin diseases.

#### **Durthaara(Umathai) - Datura metel**

Datura metel is a perennial herb. Its common name is devil's trumpet. Other names are 'Ummetta', 'Unmatta', and 'Kanaka'. All parts of this plant have dangerous levels of tropane alkaloids (highly toxic). It can be fatal if ingested by humans or animals.

#### Badhari (Ilandai) - Zizyphus jujuba

Another name for it is 'Regu'. Its fruit is tasty and boosts appetite. It also helps the body heal quickly from cuts and bruises. A thorny tree, it grows in dry areas. Its fruits are very nutritious. Snakes generally avoid this tree due to its thorns. Hence birds like sparrows, etc., build their

nests in it as it is free of snakes or other reptiles. The fruit finds mention in the Ramayana. Shabari offered them to Lord Rama after tasting them.

#### Apaamaarga (Nayuruvi) – Achyranthes aspera

This plant has medicinal properties and is an ingredient in some tooth powders, etc. The dried stems are used as Samith or sticks for Sudarshana Homa. The leaves can cure stomach pain, indigestion, and eczema.

#### Tulasi - Ocimum sanctum

Tulasi is very sacred to Hindus. Many Hindus households grow Tulasi in their backyards. It has many medicinal properties.

#### **Chootha – Mangifera indica**

Its common name is Mango leaf. The leaves are tied in front of the main entrances during auspicious functions in South India. They have good antiseptic properties. People use them when making Poorna Kumbham.

#### Karaveera (Arali) - Nerium oleander/indicum

The scented flowers can be white, red, yellow, and pink. People offer them separately or as garlands to God. It is a very poisonous garden plant.

#### VishnuKrantha - Evolvulus alsinoides

Vishnukranta or Aparajita is very important in Ayurveda. It is a Medhya drug which boosts memory and intelligence. Thus, it has neuroprotective capabilities. It can also cure bladder and urethra-related diseases, bronchitis, ascites, etc.

#### Dhadimi(Mathulai) – Punica granatum

Its common name is Pomegranate. The seeds are compared to Lord Krishna's teeth. The seeds of this fruit have lots of iron and other minerals/ vitamins. The fruit's shell or membrane is very bitter. Ayurvedic healers dry and preserve this to make a tea for stomach problems.

#### Devadaru - Cedras deodara

Its common name is Cedar tree. It has many medicinal qualities. The trees grow in cold places like the Himalayas. It can reduce body heat and is good for skin diseases and chronic wounds. The resins find use in making aromatic smokes (Dhoopam).

#### Maruvaka - Origanum marjoram

Its leaves are aromatic and find use in cooking. People cut the tops as the plants begin to flower and dry them in the shade. It is a part of herb combinations. Marjoram is an ingredient in seasoning soups, stews, dressings, and sauces. People make garlands with the leaves and flowers. The essential oils are good for joint pains and reducing body odor.

#### Sindhuvara (Vavilaku) - Viex nigundo

Keeping the leaves under the pillow during sleep helps reduce headaches. A paste of the leaves is good for sinus problems when applied to the forehead. The flowers help control cholera and liver problems. The leaves find use in Ayurvedic medicines.

#### Jaji (Jaji Malli) – Jasminum grandiflorum

Jaji leaves find use as Ayurvedic herbal medicine, and its flowers adorn the hair of women. The flowers have a strong smell. Both the leaves and flowers have medicinal properties.

#### **Gandaki – Solonum nigrum**

The plant's juice can heal mouth ulcers and skin diseases. The fruits find use as a tonic, laxative, appetite stimulant, etc. They are good for asthma and "excessive thirst". Traditionally, people used them to cure tuberculosis. They also cook them like spinach. In Northern India, the boiled extracts of leaves and berries are also used for liver-related ailments, including jaundice. In Assam, the juice from the roots is good for asthma and whooping cough.

#### Shamee (Vanni) - Prosopis spicigera

The tree is common in Shiva temples. People believe that Goddess "Aparajita Devi" lives in it. As per legend, the Pandavas hid their weapons on top of this tree during their exile.

#### Ashwattha – Ficus religiosa

Other names are Bodhi-tree, Pippala tree, Peepal tree, Ravi tree, or Ashwattha tree. This is a sacred tree for Hindus, Jains, and Buddhists. The Buddha attained enlightenment while meditating underneath this tree.

It finds use in traditional medicine for at least 50 kinds of ailments, including diabetes, asthma, epilepsy, diarrhea, gastric problems and inflammatory disorders, infectious and sexual disorders.

#### Arjuna - Terminalia arjuna

Its common name is Arjuna or Arjuna tree. The leaves find use in Ayurveda as a treatment for heart disease. It can heal wounds, hemorrhages, and ulcers. It can reduce the risks of heart failure.

#### Arka - Calotropis gigantea

Arka means 'Sun'. The plant's root bark is good for cold, cough, and constipation. In the old days, people used the plant's leaves to heal poisonous snake bites. Ayurvedic physicians process the leaves with Saindhava salt to make Arka Lavana, a medicine for gastritis. Its latex is good for toothache. Ayurvedic doctors use the leaves to treat leprosy, paralysis, and 64 diseases.

#### Conclusion

When we do Pooja with these 21 medicinal leaves for 9 days in the morning and evening, our body becomes pure and healthy. Devotees immerse Ganesha's clay idols in water bodies with all these leaves on the final day of Ganesh Chaturthi. This makes the water bodies clean, too, as the medicinal properties of the leaves purify the water.



#### A.S.D. GOVT. DEGREE COLLEGE FOR WOMEN(A),

KAKINADA - 533002, EASTGODAVARI, ANDHRA PRADESH

#### **DEPARTMENT OF BOTANY & HORTICULTURE**



# FREE HEALTH CHECK UP 28 - 11-2023

### **ACTIVITY REGISTER FOR THE MONTH OF November 2023**

Title of the Activity	Free Health Check up
Date	28 -11-2023
Conducted by	Department of Botany & Horticulture
Nature of Activity	Free Health Check up
Number of Students Participated	100
Brief Report on the Activity	Dept of Botany & Horticulture in Collabration with Health Committee and Department of Microbiology conducted Health Check up to the students and parents by ACE Diagnostics Kakinada 100 members took part in the Free health check up and checked up their Blood pressure, Sugar & Haemoglobin levels Blood grouping is also done
Name of the Lecturer who planned and conducted the Activity	Ms. K.N.V.S.N.Eswari Dr.M.Sulakshana Mrs.N.Pushpa Ms. G.Chandini
Signature of the Dept. Incharge / Convenor of the Committee	Department of sotany Incharge in Botany ED. Govt. Degree College for Wome
Signature of the Principal	A.S.D.GOVT.DEGREE COLLEGE (M'
Remarks	



Faculty & Students of the college in the Free Health Check up Programme



ACE Diagnostics Staff performing tests



ACE Diagnostics Staff performing tests to Students Parents & Staff



#### A.S.D.GOVT. DEGREE COLLEGE FOR WOMEN (A),

#### KAKINADA - 533002, EASTGODAVARI, ANDHRA PRADESH

#### DEPARTMENT OF BOTANY& HORTICULTURE



VISIT TO OLD AGE HOME

22-12-2023

#### ACIVITY REGISTER FOR THE MONTH OF FEBRUARY 2023

Title of the Activity	Visited to Janavali old age Home
Date	2.12.2023
Conducted by	Department of Botany & Horticulture
Nature of Activity	Extension activity
Number of Students Participated	20
Brief Report on the Activity	Faculty and Students of the Department of Botany and Horticulture visited Janavali old age Home Jagannaickpur Kakinada as a part of extension acivity and donated 55Kgs of Rice groceries, vegetables biscuits and fruits distributed to the inmates of oldage home and students interacted with the inmates of the old Age home
Name of the Lecturer who planned and	Miss. K.N.V.S.N.Eswari
conducted the Activity	Mrs.N.Pushpa Ms. G.Lakshmi Chandhini
Signature of the Dept. Incharge / Convenor of the Committee	Lecturer  Department of stotany Incharge in Sotany ED. Govl. Degree College for Wome KAKINADA
Signature of the Principal	A.S.D.GOVT.DEGREE COLLEGE (W. AUTONOMOUS
Remarks	





Faculty and students of the Department of Botany & Horticulture visited

JANAVALI OLD AGE HOME





Final year students distributing biscuits & Fruits to the inmates of old age home





Students interacting with the inmates of oldage home



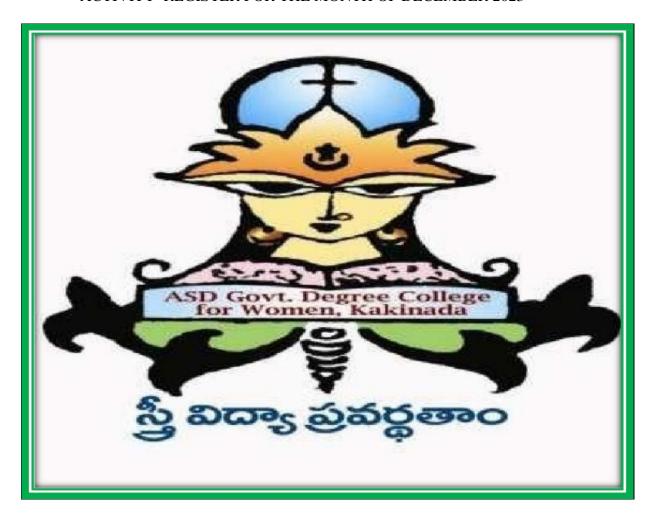


Students interacting with the inmates of old age home

# **A.S.D. GOVT. DEGREE COLLEGE FOR WOMEN(A),**KAKINADA - 533002, EASTGODAVARI, ANDHRA PRADESH

DEPARTMENT OF BOTANY & HORTICULTURE

ACTIVITY REGISTER FOR THE MONTH OF DECEMBER 2023



# MEDICINAL PLANT AWARENESS DRIVE 29-12-2023

# **A.S.D. GOVT. DEGREE COLLEGE FOR WOMEN(A),**KAKINADA - 533002, EASTGODAVARI, ANDHRA PRADESH

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#### DEPARTMENT OF BOTANY & HORTICULTURE

#### **ACTIVITY REGISTER FOR THE MONTH OF December 2023**

Title of the Activity	Medicinal Plant awareness Drive
Date	29-12-2023
Conducted by	Department of Botany & Horticulture
Nature of Activity	Extension activity
Number of Students Participated	20
Brief Report on the Activity	Faculty & students of the Department visited the surrounding locality of the college and brought awarenesss among the public about the importance of locally available medicinal plants
Name of the Lecturer who planned and conducted the Activity	Mrs.N.Pushpa Ms. Lakshmi Chandini
Signature of the Dept. Incharge / Convenor of the Committee	Lecturer  Department of kotany Incharge in Botany  P.D. Govi Degree College for Wome  KAKINADA
Signature of the Principal	PRINCIPAL  A.S.D.GOVT.DEGREE COLLEGE (M.  AUTONOMOUS  KAKINADA
Remarks	



Faculty & Students of the Dept participating in Medicinal Plant drive





Faculty & students bringing awareness among the public about Medicinal Plants





Faculty & students bringing awareness among the public about Medicinal Plants



# A.S.D. Government Degree College for Women (A), Kakinada Department of Commerce Extension Activity Report

<u>Detailed Report on Activities of Extension Activities Conducted by the Department of Commerce</u> for the year 2023-24

1. Consumer Club Activity & Extension Activity – Awareness Programme on Consumer Rights (18th December 2023) On 18th December 2023, the Department of Commerce's Consumer Club organized an extension activity on consumer rights awareness at Municipal Salipeta, Kakinada. The program, held just before National Consumer Day (24th December), aimed to educate the public about their rights under the Consumer Protection Act. A total of 110 participants, including students and local residents, attended the event. Faculty members from the Commerce department conducted the session, explaining the legal framework protecting consumers and providing practical advice on how to address grievances effectively. This activity played a crucial role in raising awareness about consumer rights in the community.



2. Consumer Club Activity & Extension Activity – Awareness Programme on Consumer Rights and Consumer Act 1986 (19th December 2023) On 19th December 2023, the Department of Commerce's Consumer Club conducted another awareness programme, this time at ASD Junior College for Women. The session focused on educating students about the Consumer Protection Act of 1986, with an emphasis on consumer rights, responsibilities, and the redressal mechanisms available to them. Commerce faculty members led the event, and 100 students

participated. The program aimed to empower the younger generation with knowledge about their rights as consumers, thus fostering responsible consumer behaviour among students.



3. Consumer Club Extension Activity and Community Awareness Programme: Rally on Consumer Rights and Flash Mob(20<sup>th</sup> December 2023) On 20th December 2023, the Department of Commerce organized a Rally on Consumer Rights to raise awareness about consumer rights and responsibilities. This rally, held as part of the department's ongoing efforts under the Consumer Club initiative, was aimed at educating the public on the importance of protecting their rights as consumers. Students and faculty actively participated, carrying informative banners and slogans that highlighted key aspects of the Consumer Protection Act, such as the right to safety,

information, and grievance redressal. The rally and Flash mob attracted attention from the local community, promoting a greater understanding of consumer rights and encouraging responsible consumer behavior.





#### వినియోగదారుల హక్కుల గోడపడ్రిక ఆవిష్మరణ

కాకివాడ కలెక్టారేట్, మ్మార్ టుడే: జాతీయ కొక్కు వినియోగడా రుల హక్కుల దివోత్సవం వారోత్స వాల్లో భాగంగా మంగకవారం కలె క్టరేట్లోని పారవరవరాల అఖ కార్యాలయంలో వినియోగడారుల హక్కుల గోడప్రతిరమ ఉన్నా పార సరఫరాల ఆధికారి ఎంపీ స్టసాద్ ఆవిష్కరించారు. ఉన్నాలోని వినియోగడారుల కట్టేల్లో వినియోగడారు రుల చక్కాన్ని కాపాడుతానని విద్యార్థులతో ప్రమాణం చేయింద మర్పట్లు ఆయన తెలిపారు. ఈ



గోరపుత్రిక భుదల్శప్తున్న డీఎస్ఎస్ భుపాద్, తబితరులు

నెల 24 వరకు వారోత్సవాల్లో బాగంగా వినియోతారుల చట్టంపై విద్యాపు లకు వివిధ పోటీలు నిర్వహిస్తున్నట్లు తెలిపారు. కార్యశ్రమంలో వినియోగ తారుల సంఘాల సమాజ్య రాష్ట్ర క్యావస్తి హెల్ఎస్ రామకృష్ణ జిల్లా విని యోగతారుల రక్షణ కొన్నల్ సభ్యుకు కొన్నూరి శ్రీనివాసరావు పాల్విస్సారు.

#### ವಿದ್ಯಾಲಿಸುಲಕು ಅತ**ಗಾ**ಘನ..

పాఠశమూర్తినగర్: అన్నవరం సత్యవతీడేని ప్రభుత్వ మహిళా జూనియర్ గళాశాలలో మంగళవారం వినియోగడారుల హక్కుల దిగోత్సనం పై అవగా హగ సదస్సు నిర్వహించారు. ఏఎస్.డీ డిగ్రీ కళాశాల వాణిజ్య విధాగం అర్వ ర్యంలో ద్రీన్మిపల్ డాక్టర్ వి.ఆనంతలక్ష్మి అధ్యక్షరన జరిగిన సదస్సులో కామర్స్ విధాగాధిపతి ఆరోజర్డ్ శిరీష్ మాట్లడారు. వినియోగడారుల హక్కుల రక్షణ, రట్టం, గష్ట పరిహారం పాంకే విధానంపై విద్యార్థినులకు అవ గాహన కర్బించారు. అర్థశాస్త్ర విధాగాధిపతి కెయమున, అధ్యాపకులు ఎన్ వీవీ లట్టీదేని, డాక్టర్ జి.పోజస్మ, జి.కుమారి, సంధ్య పర్వీన్, వి.శ్రీనివాస్ తదితరులు పాల్గొన్నారు

## ವಿನಿಯಾಗದಾರುಲಾ ಮೆಲ್ಬೌಂಡಿ

సాంబమూర్తినగర్, న్యూస్ట్ కుడ్: అన్న వరం నత్యవతీదేవి ప్రభుత్వ మహిళా డిగ్రీ కళాశాలకు చెందిన విద్యార్థినులు బుధ వారం వినియోగదా రుల హక్కులపై అవ గాహన ర్యాలీ నిర్వ



ర్యాలీ నిర్వహిస్తున్న విద్యాల్థినులు, అధ్యాపకులు

వాణిజ్య, ఆర్థికశాష్ట్ర విజాగాల ఆధ్వర్యంలో నిర్వహించిన ఈ ర్యారీని ప్రిన్స్ పల్ డాక్టర్ వి.అనంతలక్ష్మీ, ఐక్యూఎసీ కోఆర్డినేటర్ వసంతలక్ష్మి ప్రారంభిం చారు. ర్యాలీ కళాశాల నుంచి ప్రారంభమై జె.రామారావుపేట. జగన్నాద పురం మీదుగా సాగింది. విద్యార్థినులు ప్రకార్మలను చేతబూని వినియోగ దారుల హక్కులమై ప్రజలకు అవగాహన కల్పించారు. అనంతరం ష్కాష్ మాబ్ నిర్వహించారు. కార్యక్రమంలో అధ్యాపకులు ఆర్ఆర్డ్ శిరీష, యమున, లక్ష్మీదేవి, సౌజన్య, కుమారి, పర్వీన్, శ్రీనివాస్, సంధ్య, బి.కాం, బీఏ విద్యార్థినులు పాల్గొన్నారు.

# A.S.D. GOVERNMENT DEGREE COLLEGE FOR WOMEN (AUTONOMOUS) KAKINADA

(Under the jurisdiction of Adikavi Nannaya University)
Reaccredited by NAAC with B Grade (3<sup>rd</sup> Cycle)



#### **DEPARTMENT OF HOME SCIENCE**

# EXTENSION ACTIVITIES 2023-2024

# Awareness on Good Touch and Bad Touch for girl Children 23-12-2023 to 30-12-2023

From 23rd December 2023 to 30<sup>th</sup> December students of HomeScience conducted awareness sessions on Personal safety for the children of various schools of Kakinada town. As a part of this nealy 500 school children were educated about Good Touch, Bad touch and personal safety





## Awareness on Importance of Breast Feeding On 03-08-2024

On 03-08-2024, Four Staff members and 36 students of Home Science department participated in a rally to create awareness on Importance of Breast Feeding" along with the other medical and paramedical students at Government General Hospital, Kakinada



# Awareness Rally on importance of wearing Handloom Garments On 07-08-2024

On 07-08-2024, the department of Home Science conducted national Handloom Day. As a art of this, the staff and students of the college dressed in handlooms conducted a rally in the nearby areas like Mahalakshmi nagar and golilapeta to conduct awareness on importance of wearing handloom garments to encourage the local artisans as well as the health benefits especially in coastal areas.



## A.S.D. GOVT. DEGREE COLLEGE FOR WOMEN (A),

#### Kakinada



#### **Department of Microbiology - Activity 2023**

#### A Brief Report on the Extension Activity

	1
Date	28-11-2023
Conducted through (DRC/JKC/ELF/NCC/NSS/Dept.)	Department of Microbiology
Nature of Activity (Seminar/Workshop/Extn.Lecture/ other.)	Extension Activity
Title of the Activity	Free General Medical checkup for Parents & Students
Name of the Department/Committee	Department of Microbiology & Ace Diagnostics,KKD
No. of students participated	50
Brief Report on the activity	<ul> <li>The purpose of these Checkup is to:</li> <li>check for current or emerging medical problems</li> <li>assess your risk of future medical issues</li> <li>prompt you to maintain a healthy lifestyle</li> <li>Regular health checks can identify any early signs of health issues.</li> <li>Many factors, such as your age, health, family history and lifestyle choices, impact on how often you need check-ups</li> <li>About the Activity:</li> <li>The staff from Ace diagnostics have done general checkups like B.P, Random Blood Sugar test, BMI, Blood Group analysis to our students and their parents.</li> </ul>
Name of the faculty Planned &conducted the activity	Smt. D. Jayasree
Signature of the Dept. In- Charge/Convener of the Committee	D. Mayrano
Signature of the Principal	Signature of the Principal PRINCIPAL  A.S.D.GOVT.DEGREE COLLEGE (W) AUTONOMOUS KAKINADA
Remarks	

## Ace Diagnostics, Ghati centre- Kakinada Camp at ASD GDC for Women (A)



Microbiology students performing general check up to parents, Students, Teaching & Non teaching staff of College under the supervision of Lab technicians



Microbiology students performing general check up to parents, Students, Teaching & Non teaching staff of College under the supervision of Lab technicians





Microbiology students performing general check up to parents, Students



Microbiology students performing general check up to parents & Students





Microbiology students performing general check up to Students



Microbiology students performing general check up to parents, Students



## A.S.D.GOVERNMENT DEGREE COLLEGE FOR WOMEN (A)

Affiliated to Adikavi Nannaya University Jagannaickpur, Kakinada.

## DEPARTMENT OF COMPUTER SCIENCE



# **EXTENSION ACTIVITY**

AWARENESS ON SOCIAL MEDIA AND
THREATS

2023-2024

## A.S.D. GOVT. DEGREE COLLEGE FOR WOMEN (A)

Jagannaickpur, Kakinada

## **DEPARTMENT OF COMPUTER SCIENCE**

## **Activity Register 2023-2024**

Date	18-12-2023
Conducted through (DRC/JKC/ELF/NCC/NSS/Departments etc.)	Department of Computer Science
Nature of Activity (Seminar/Workshop/Extn. Lecture etc.,)	Extension Activity
Title of the Activity	Awareness on Social Media and Threats
Name of the Department/Committee	COMPUTER SCIENCE
No. of students participated	50
Brief Report on the activity	To make the girls of teenage aware about Social media and its safe usage.
Name of the Lecturers who Planned & conducted the activity	N. Naga Subrahmanyeswari K.Surya Lakshmi P.Ballamamba
Signature of the Dept. In-Charge / Convener of the Committee	DEPT OF COMPUTER SCIENCE  SPECIAL DESCRIPTION ON THE SCIENCE S
Signature of the Principal	V. NO O . PRINCIPAL
Remarks	A.S.D.GOVT.DEGREE COLLEGE (W. AUTONOMOUS KAKINADA

## A.S.D.GOVERNMENT DEGREE COLLEGE FOR WOMEN (A)

Affiliated to Adikavi Nannaya University Jagannaickpur, Kakinada.



#### DEPARTMENT OF COMPUTER SCIENCE

#### **AWARENESS ON SOCIAL MEDIA & THREATS**

The following students of III B.Sc.(MPCS) and I B.Com.(CA) had volunteered the activity to provide awareness to the girl students of Batchu Ramam Municipal Girls High School, Kakinada on 18-12-2023.

S.No	Regd. No.	Name of the Students	Class	Signature
1.	2132010	Chavakula Chandrika Anusha	III B.Sc.(MPCS)	Ch Anusha
2.	2132016	Karri Lakshmi Lavanya	III B.Sc.(MPCS)	K: Lavanya
3.	2132018	Karri Satya Sowjanya	III B.Sc.(MPCS)	K. Souganya
4.	2132022	Palepu Dhana Jaya	III B.Sc.(MPCS)	P Dhanajaya
5.	2132034	Vaidadi Aruna	III B.Sc.(MPCS)	V. Asuna
6.	2132052	Panchada Lakshmi Kantam	III B.Sc.(MPCS)	P. Lakshri konta
7.	2300005	Penke Srujitha I B.Com(CA)		P. Siviitha
8.	2300051	T.Sai Pavani I B.Com(CA)		T. Sailavan
9.	2300044	Ch. Navya Lakshmi	I B.Com(CA)	Ch.N. Lakshri

Signatures of the Faculty Members: N.N.S. Eswari

## A.S.D.GOVERNMENT DEGREE COLLEGE FOR WOMEN (A)

Affiliated to Adikavi Nannaya University Jagannaickpur, Kakinada.



## DEPARTMENT OF COMPUTER SCIENCE

#### **EXTENSION ACTIVITY**

#### AWARENESS ON SOCIAL MEDIA & THREATS

#### **Aims:**

- 1. **To Foster Responsible Social Media Use:** Encourage students to understand the positive aspects of social media while promoting responsible and ethical online behavior.
- 2. **Raise Awareness on Cyber Threats:** Educate students about potential dangers and threats associated with social media, including cyberbullying, identity theft, and online predators.
- 3. **Equip Students with Digital Literacy Skills:** Provide students with the knowledge and skills necessary to critically evaluate information, verify sources, and navigate the digital landscape safely.

#### **Objectives:**

- 1. Understand Social Media Platforms:
  - o Identify popular social media platforms.
  - o Understand the purpose and features of each platform.
- 2. Recognize Cyber Threats:
  - o Identify common cyber threats on social media.
  - o Understand the consequences of cyberbullying and online harassment.
- 3. Develop Critical Thinking Skills:
  - o Learn to evaluate the credibility of online information.
  - o Understand the importance of fact-checking.
- 4. Promote Responsible Digital Citizenship:
  - o Emphasize the concept of digital footprints.
  - o Encourage responsible sharing and posting on social media.
- 5. Enhance Online Privacy Awareness:
  - o Learn about privacy settings on various social media platforms.
  - o Understand the importance of protecting personal information online.

#### **Procedure:**

#### 1. Introduction (30 minutes):

- o Brief overview of the importance of social media in today's world.
- o Discuss the positive and negative aspects of social media use.

#### 2. Social Media Platform Exploration (30 minutes):

- o Divide students into groups to explore different social media platforms.
- Each group presents the purpose, features, and potential risks associated with their assigned platform.

#### 3. Cyber Threats Exploration (30 minutes):

- Conduct interactive sessions on cyber threats such as cyberbullying, phishing, and identity theft.
- o Share real-life examples and case studies.

#### 4. Digital Literacy Activities (30 minutes):

- o Engage students in activities that enhance critical thinking skills.
- o Introduce fact-checking exercises and tools.

#### 5. Responsible Digital Citizenship Discussion (30 minutes):

- o Facilitate a discussion on the concept of digital citizenship.
- o Encourage students to share their thoughts on responsible online behavior.

#### 6. **Q&A** and Reflection -Feedback (30 minutes):

- o Allow students to ask questions and express their thoughts.
- o Facilitate a reflective discussion on what they've learned.

#### **Outcomes:**

#### 1. Increased Awareness:

Students will have a heightened awareness of the positive and negative aspects of social media.

#### 2. Improved Digital Literacy:

o Students will develop critical thinking skills and the ability to evaluate online information.

#### 3. Enhanced Cyber Threat Awareness:

 Students will recognize and understand common cyber threats associated with social media.

#### 4. Responsible Digital Citizenship:

o Students will grasp the importance of responsible and ethical online behavior.

#### 5. Better Privacy Management:

o Students will be equipped with the knowledge to manage their online privacy effectively.

The extension activity aims to empower students to navigate the digital world responsibly and safely, fostering a generation of informed and vigilant digital citizens.

## **Report on the Extension Activity**

#### **Awareness on Social Media & Threats**

The faculty of the Dept. of Computer Science & Computer Applications along with 8 student volunteers went to Batchu Ramam Municipal Girls High School, Kakinada on 18-12-2023 at 2.00 PM. They interacted with the girls students of Grade VI to IX and created awareness on Social media and the threats posed by it, if not used safely.

The views expressed by our students is as follows:

Social media platforms are ubiquitous nowadays, and have connected us in ways, ten years ago, we could never have imagined. We share information and updates instantaneously with the networks of connections we've built, and are subsequently flooded with updates from those same networks. While sharing information in this manner is advantageous for many reasons, it brings many risks along with it.

Oversharing information is arguably the biggest risk of using social media, and the ways in which it can be harmful are numerous. Potential burglars are watching for people on vacation, hackers are looking for information they can use to break into your accounts, scammers are looking for vulnerable people to swindle, and identity thieves are searching for good targets. There are many other examples, but the root issue is the same – too much information is available to people who shouldn't necessarily have access.

Cyberbullying is another issue that has risen to the forefront due to the increased use of social media. The internet has proven itself to be a forum where people feel very comfortable saying things that they would likely never say in person. Often, the problem is compounded by people posting without knowing all the facts in a given situation. It's important to be cognizant of your actions online, so that you don't contribute to such a problem, or become a victim.

#### Here are some tips provided to the school students to be more secure while using social media:

- Change the privacy of your posts and profiles. It may take a bit of research, but there will be some level of configuration available that allows you to restrict the visibility of your posts. Some sites allow a great deal of control over who can see your information, while others do not.
- Be careful about what you make visible to your network, but especially what you make public. You shouldn't make the name of your high school, your birthdate, your address, your children's or pets' names, or other personal information public. Many times, this information is used by scammers to pretend to be someone you know, or by hackers trying to force password resets on accounts. And, while it may be obvious, do not post social security numbers, credit card numbers, account numbers or other types of confidential/financial information.
- Turn off location services when you post to social media. You are announcing your location in real-time if you don't disable GPS/location services. Depending on the privacy controls of people you're

connected to, people outside your network might be able to see information that you don't want them to.

- Read the privacy policy and terms of service for the social media site. You may be surprised at what the site is allowed to do with your information, pictures and other data. If you decide that giving up some control of your data is worth using the site, that's fine, but you may want to restrict your posts and activities even further.
- Remember that you are building a brand with your posts. Social media is perfectly suited to expressing
  personal opinions, but you should use caution. A good rule of thumb for deciding what to post is to
  assume that at some point in the future, the post will become public, and to choose your words
  accordingly. Potential employers definitely check the social media posts of candidates, but current
  employers may have a policy on social media, and may check as well, to monitor for violations of their
  policy.
- Google yourself, and check out your social media profiles while logged out. This is a good sanity check to ensure that you've configured the privacy settings the way you want. Also, googling your own name can reveal fake accounts that have been opened by imposters.
- This may also be obvious, but don't accept connection requests or messages from strangers. You are not only allowing strangers to see your information, but the information of the people in your network. Messages sent in social media platforms can carry malicious links or attachments, just like phishing emails do. A good rule of thumb is if you haven't met them in person, you probably should not connect.
- If you intend on having a profile open to the public for blogging, or building a professional presence online, create a separate profile for personal use. Lock the personal profiles down, and don't mix up the content between the two, ever.
- Be careful about commenting on others' public posts your name will be attached to that public post until you delete your comment, or that person deletes the post.
- Educate yourself about each platform's capabilities for dealing with abusive, offensive, or illegal materials and interactions, so that you are prepared in situations of cyberbullying, harassment, or stalking.
- Be cautious about the apps (quizzes, games, etc.) that you allow to link to your social media profiles. These apps may be collecting personal information about you, beyond just your email address.
- Don't lie, harass, abuse, intimidate, or threaten people on social media. It may seem like common sense, but you can open yourself up to legal issues, criminal charges, or accusations of cyberbullying. Social media sites prohibit these types of behavior, anyway.

• Ensure the people in your networks are aware of how much information you want them to share about
you. Don't be shy about asking a connection to remove or edit photo, tag, or other type of post related
to you, if it is something that you cannot do yourself.
<ul> <li>Don't automatically trust that someone is who they purport to be – verify. Imposter profiles are a huge</li> </ul>
problem for social media platforms, related to identity theft and online harassment.
<ul> <li>Use two-factor authentication and strong passwords to secure your logins to social media. In particular,</li> </ul>
two-factor authentication will make it much more difficult for hackers to take over your accounts, even
if your password is stolen. Most of the larger, well-known sites offer this feature.

# A.S.D.GOVT. DEGREE COLLEGE FOR WOMEN (A)



## DEPARTMENT OF COMPUTER SCIENCE

# EXTENSION ACTIVITY ON AWARENESS ON SOCIAL MEDIA AND THREATS 18-12-2023

Venue: Batchu Ramam Municipal Girls High School, Kakinada. List of students who attended

S.No	Name of the Student	Class	Signature
1.	Gr. Sailaja	9th	Gusailaja
2.	L. Amrutha	9th	L. Amoutha
3.	G. Bhagyami	ath	G. Bhagyasni
4.	A. Sou polyanka	gth	A. Sou priyan
5.	k mountles	ath	k. mounika
6.	G. Bhwaneswas?	gth	G: Hwanckin
7.	K. Naga Bhagya sii	9th	K. Naga Bhogyar
8.	D. Lavonya	qH	D. Lavarya
9.	P. Sahoska	914	P. Sahasya
10.	FreholdkShmi	91	T.MahabkShmi
11.	G. Soni .	gth	B1-5001 -
12.	P. Somalli	g th	P. Samalle
13.	S. lalitha Charishma	9th	Se laletha charishor
14.	H. Jalyayini	q sh	M. Kalyay is
15.	P. Tejernin	914	P- Texascrini
16.	A. Roopa soi vidya	ath	A. Roofa Sai viden
17.	o-chinnani	9th	o chinnari
18.	p. siva swarupial	q+h	p. 820 swarup
19.	d Decksha	gth.	S. Deckyh
20.	k Granga parvathi	oth	k. Ganga parvathi

S.No	Name of the Student	Class	Signature
21.	k. Dhana Seri	9th.D"	k. Dhana Sou
22.	E Verkata Gowtham	9th D"	E. Venkata Gustani
23.	K. Robini	9th .D.	K. Rohini
24.	Skybameen Ghousia	9th 'D'	Sk plazmery Ghou
25.	K. Jayalokshmi	gth 'D'	K. Jaya lakshni
26.	Nimonla. V	9th D	V. Namala
27.	Verna losya. R	9th D	R. vera lasya
28.	ch. Satya Ameutla	9th"D"	ch Batyo Arrentho
29.	S. Keerthika	affin "	8. Keurthikak
30.	sk. Ahamdunis	a other	3k. Ahamaduw
31.	P. Ganga Veni	9th D	p. Granga veni
32.	5. Svichaitanya	g th'o	3. Srichaitanya
33.	P. Son Lakshmi	9th o'	P. Sai Lakshmi
34.	K. Deepika	gth "B"	K. Deepika
35.	A. sigisha	94.7	As. Kristin
36.	E. Veukat Cakelins	9th 10.	4. Veukat lakesuni
37.	5. Ramazulasi	9th "D"	5. Taha Klasi
38.	S. mexcy	9150	S- mercy
39.	a samp Evil	a D	o. Marja si
40.	Y-Jyothi	9th D	Y. Jothi
41.	3. Navya	oth be	S. Maya
42.	K. Bhavani	ath'a!	K. Bhavani
43.	M. Alekya	qth "D"	M Blokus
44.	2. Dhana gjekha	9th "D"	& Drang Ruke
45.	P. Mounika	9th D"	D Harris
46.	B. Deug	9th "D"	P. Mounitra
47.	n. Koorthiveeresw	of the	B. Devi
48.	y madhavi	a Hh	m. kepthi.
49.	M. Phaolan		y modhau
50.	N. Thathe	ath D	M. Whorasi
51,	(). A code		N. Tyothi
	O. Dimethin	0th D	u. sindhu



Students interacting with the students to assess their knowledge on Social Media and its usage



#### Students explaining about the Social Media and its safe usage



Students explaining about the Social Media and threats



Seeking Feedback on the activity from the students of Batchu Ramam Municipal High School

