

Guest Lectures organised by the Department of Home Science

S.No	Date	Topic of guest Lecture	Resource Person	Name of the department organized
1.	4-10-2018	Enzymes	Smt.V.Anantha Lakshmi, Retired faculty of Home Science	Department of Home Science
2.	14-02-2019	Personality Development	Sri.K.Suneel in collaboration with Lions Club, Kakinada	Department of Home Science
3.	26-2-2019	Awareness on Opportunities for Higher Progression in Home Science	Dr.Y. Lakshmi Prabha, Associate Professor, St.Josephs College, Vishakapatnam	Department of Home Science
4.	6-7-2019	Awareness on Menstrual Hygiene	Smt. Lakshmi Prakash and A. Kumar ,GMR Varalakshmi Foundation, Uppada	Department of Home Science
5.	3-8-2019	Legal Literacy	Smt.Vijaya kalyani,District Magistate, Kakinada	Department of Home Science
6.	7-9-2019	Awareness on prevention of suicides	Dr.Trimurthulu Naidu,Dermataologist and Counsellor,Swathi Hospitals,Kakinada in collaboration with All India Women's Conference Chapter,kakinada	Department of Home Science
7.	16-12-2019	Carbohydrate Metabolism	Sri.L.Veerendra,Faculty, RRaghu Santhi Vocational college,kakinada	Department of Home Science
8.	28-1-2020	Contribution of voluntary organisations in Extension Education	Dr.N.Deborah Messina,Scientist,KVK,Undi,W.Godavari	Department of Home Science
9.	22-12-2021	Consumer Rights	Dr.V.Prasuna,Assistant Professor,Acharya N.G.Ranga Agricultural University,Guntur	Department of Home Science
10.	17-2-2022	Early Identification of disabilities among children	Dr. L Lakshmi Prakash, Community Educator,	Department of Home Science

			Aurabindo Pharma CSR, Uppada	
11.	15-9-2022	Women in Leadership- Achieving an equal future	Smt.Bavaraju Padmavathi, Ex-Chairperson, Child Welfare Committee of AP	Department of Home Science
12.	14-4-2023	Bonsai and Indoor plants	Dr.M. Sulakshana, Lecturer in Botany, ASD GDCW(A),Kakinada	Department of Home Science
13.	18-4-2023	Importance of millets in daily plate	Smt.V.Anantha Lakshmi	Department of Home Science
14.	21-3-2023	Importance of Soft skills and communication skills	Smt.M.Aruna, Academic Officer, Board of Intermediate Education, AP who is an alumni of the department	Department of Home Science
15.	4-8-2023	Importance of breast feeding for baby and mother	P. Madhav Dhatri Breast Milk Bank, Kakinada	Department of Home Science
16.	8-8-2023	Ewaste management	Ms.Radhika and Smt.P.Susi from Maithri Womens organization,kakinada	Department of Home Science
17.	10-10-2023	Importance of mental health	Dr. Sk.Reshma Yarna	Department of Home Science

On 4 October 2018, Smt.V.Anantha Lakshmi, Retired lecturer in Home Science gave a guest lecture on Enzymes for the students of I B.Sc Home Science. She has explained the students on various enzymes, their nomenclature and role of enzymes in the body.



On 14 February 2019, a Personality Development lecture was organized for the students from various groups of the college in collaboration with Lions club, Kakinada. The resource person Sri.K.Suneel has explained the importance of self-discipline and time management to the students. Principal Incharge Smt M.Suvarchala, members from Lions Club, Kakinada, 120 students of the college and the Home Science faculty participated in the programme



Dr.Y.Lakshmi Prabha ,Associate professor in Home Science ,St. Josephs College for Women(A), Vishakhapatnam gave an awareness session on various opportunities for higher progression in home Science on 26-2-2019



A lecture on “Importance of Menstrual Hygiene” was conducted on 06-07-2019 by A.Kumar, Marketing Executive, stay Free Company, Kakinada in collaboration with GMR Varalakshmi Foundation , Uppada. Smt.Lakshmi Prakash explained about menstrual hygiene ,the common taboos associated with menstrual hygiene and the importance of nutrition during adolescence



Legal literacy awareness programme was conducted by the department of Home Science on 3 August 2019 for the students of Home Science. In this programme the District Magistrate Smt. B. Vijaya Kalyani has enlightened the students on various legal provisions available for women and also explained about the need for awareness on these aspects for their self protection.



Dr. Trimurthulu Rayudu, Dermatologist and Counsellor, Swathi Hospital gave a lecture on prevention of suicides on 7-9-2019. He educated the students on the major causal factor for suicides i.e., stress. He educated the students on the causes of stress, anxiety, depression and also the symptoms of these issues and also the mechanism of stress and anxiety management.



A guest lecture was conducted on “Carbohydrate Metabolism” by Sri.L.Veerendra, Faculty of Raghusanthi Vocational Junior College,Kakinada on 16-12-2019.He has explained the meaning and importance of carbohydrates in diet and also gave a detailed explanation on carbohydrate metabolism



Dr.N.Deborah Messiana, Scientist, Krishi Vignan Kendra ,Undi, West Godavari gave a lecture on “Contribution of Voluntary Organisations in Extension Education” on 28-01-2020 to the students of Home Science.



On 22nd December 2021, Department of Home Science organized an online guest lecture on “Consumer Rights”.Dr.V.Prasuna,Asst Professor,Acharya N.G.Ranga Agricultural University acted as the resource erson.Students of B.Sc Home Science and B.Com attended programme



An online guest lecture was organized on 17 February 2022 on “Early Identification of Disabilities among children” for the students of B.Sc Home Science. Dr.Lakshmi Prakash, Community Educator from Aurabindo Pharma CSR wing has acted as the resource person. Total 35 students participated in the programme



Department of Home Science has organized a Guest lecture on 15-09-2022 with the theme of “Women in leadership-Achieving an equal future” in collaboration with the Women Empowerment Cell of the college and Lion’s club, Kakinada. Smt.Bavaraju Padmavathi, Ex-Child welfare Committee Chairperson, E.G Dist acted as resource person. She educated the students on the need for empowering the girls through education. She has also emphasized on the role of self-discipline, patriotism and integrity during the student life for success in future life



Organized a Guest Lecture on Bonsai and Indoor plants for the students of III B.SC Home Science on 4th April 2023.Dr.M.Sulakshana, Lecturer in Botany acted as the resource person



A guest Lecture was conducted on “Importance of Millets in Daily Plate” for the students of Home Science on 18-4-2023. Smt.V.Anantha Lakshmi, Retired Faculty of Home Science enlightened the students on the importance of including millets in daily diet and the nutrition composition of millets



Smt.M.Aruna, alumni of Home Science Department Academic Officer, Board of Intermediate Education gave a lecture on “Importance of Soft skills and communication skills” to the students of Home Science on 21-3-2023



On 4th August 2023, an awareness session was organized on the importance of breast milk for both the baby and the mother in collaboration with Dhatri Milk Bank, Kakinada. They gave a detailed session about the collection, treatment and storage of breast milk



An awareness programme was conducted on the Safe disposal of ewaste in collaboration with Maitreyi Women's organization, Kakinada on 8th August 2023. Smt. Susi, President of the organization explained about the importance of safe disposal of ewaste and Ms. Radhika, from Sahas Zero Waste, Hyderabad explained about the various methods of recycling ewaste



On 10th October 2023, a guest Lecture was organized on the importance of mental Health and she has also enlightened the audience about the importance of identifying and undergoing treatment for mental health issues and avoid the taboos around mental health problems.

