



A.S.D.Government Degree College for Women

An Autonomous Institution

Jagannaickpur, Kakinada, Andhra Pradesh-533002

Affiliated to Adikavi Nannaya University, Rajamahendravaram

INTERNAL QUALITY ASSURANCE CELL

5.1.3 Following capacity development and skills enhancement activities are organized for improving students' capability

- 1. Soft skills**
- 2. Language and communication skills**
- 3. Life skills (Yoga, physical fitness, health and Hygiene, Self-employment, and entrepreneurial skills)**

(2019-2021)

Capacity Development and skills enhancement activities

2019—2020 & 2020-2021

S.No	Name of the capability enhancement program	Date of implementation	Number of students enrolled	Name of the agencies/experts involved with contact details (if any)
1.	Yoga day Celebration	21-06-2019	250	NCC and NSS
2.	Yoga certificate course -Taekwondo	21/06/2019	100	Mr.Ch.Satish (TaekWondo Trainer) Lt.G.PramilRani ,M.A,M.Ped.,Mphil.,SET.
3.	Swachh Pakwada Rally	11/07/2019	1200	Mr. Shafi Mohammad, ONGC, Kakinada
4.	Health Awareness and Free Health Checkup	12/07/2019	1200	Appolo Hospitals and ONGC, Kakinada
5.	Personality Development Programme	01/08/2019	100	N.V.Siva Ram, JCI International ,Kakinada
6.	Awareness session on Legal Literacy	03/08/2019	40	Smt. P. Sujatha Kalyani, District Judge,Kakinada
7.	Ten day National Student Training Programme on "Integrated Approach for the development of Effective Communication Skills in English sponsored by RUSA 2.0	06/09/2019	50	T.Ashok, Special Officer, M.S.N.PG Center, Kakinada
8.	Guest Lecture on "Adhyathmika Kala"	26/09/2019	40	Dr.P.Hariram Prasad,HOD,PRG College,Kakinada
9.	Geetha Jayanthi celebration	07/11/2019	108	Dr.R.Aruna Devi
10.	Training on Basic skills of painting	25/11/2019		K.Sai Kumar,Freelance painter

11.	Panel discussion on Sexual Harassment of Women	19/12/2019	23	Dr.G.Anitha lecturer in Home Science
12.	SAMANA-A student fair	21/12/2019	1000	Guest of Honour,Kakinada M.L.A Sri.D.Chandra Sekhar Reddy and Advocate Smt.Lakshmi Naidu
13.	Blood Grouping and Blood Donation Camp	06/01/2020	366 students blood grouping conducted and 48 students donated blood	Rotary Blood Bank, Kakinada
14.	Effective Body language-Key to success	12/02/2020	90	Y. Jaya, Asst Professor,JNTU,Kakinada
15.	Legal awareness programme in collaboration with AP Womens council,Kakinada	25/02/2020	85	B.Ramakrishna,DSP ,Disha Police Station & Smt.Susi,Advocate,Kakinada
16.	Elocution on “Contribution of Women in Science” on the occasion of National Science Day 2020	26/02/2020	12	Smt K.Madhavi lecturer in Telugu and Smt.R.R.D.Sirisha Lecturer in Commerce judges
17.	One day Symposium on “Gender mainstreaming-Issues and Challenges	27/02/2020		Dr.M.sandra Sophia, Aditya Engineering College, Surampalem
18.	Yoga day Celebration	21-06-2020	200	Lt.G.PramilRani ,M.A,M.Ped.,Mphil.,SET
19.	Yoga&Judo	14/10/2020	50	Mr.Ch.Satish (TaekWondo Trainer) Lt.G.PramilRani ,M.A,M.Ped.,Mphil.,SET.


YOGA Day celebration 21-06-2019



**A.S.D.GOV.T. DEGREE COLLEGE FOR
WOMEN (AUTONOMOUS) KAKINADA**

Department of Physical Education

Activity Register 2019-2020

Date	21.6.2019 (45 days)
Conducted through (DRC/ JKC/NCC/NSS/Departments etc.,)	Department of physical education
Nature of activity (seminar/workshop/Extn, Lecture etc /.,)	Certificate course
Title of the activity	Yoga & Taekwondo
Name of the department/ committee	Physical education
Details of resource persons (Name, Designation etc.,)	Mr.Ch.Satish (Taekwondo Coach) Lt.G.Pramila Rani, M.A.,M.PEd., MPhil., SET
No. of students participated	100
Brief report on the activity	Yoga for health , Taekwondo skills are use to self protection and others protection
Name of the lecturers who planned & conducted the activity	Lt.G.Pramila Rani, M.A., MPEd., MPhil., SET
Signature of the dept. Incharge/ convener of the committee	
Signature of the principal	<i>M. Suvarchala</i>
Remarks	

(Brief Report of the activity has to be submitted along with evidences Correspondence, Photographs, Paper Clippings, and Student Feedback etc.) A separate record has to be prepared for each Academic year. The College Activity register shall be with the Principal. All activities have to be recorded and the serial no of the activity has to be mentioned on the report of the activity)



A.S.D. GOVERNMENT DEGREE COLLEGE FOR WOMEN (A) KAKINADA

ACTIVITY REGISTER-2018-2019

Date	11.01.2019
Conducted through	Commerce Department
Nature of Activity	Rally
Title of the Activity	Swachh Bharat Rally
Name of the Department / Committee	Commerce Department
Details of resource persons	
No. of students present	All students
Brief report on the activity	In view of swachh Bharat, Rally was conducted. Kakinada Mayor Smt. Sankara Prasad headed the Rally. The Principal of the College, Field Publicity Officer, Ministry of Information and Broadcasting, Govt. of India Sri Shafi Mohammad, I.S. participated in the Rally along with staff and students. In a meeting held, they distributed the prize and certificates to the winners who participated in various events conducted in connection with Sankranti Sambaralu.
Name of the lecturers who planned & conducted the activity	Department of Commerce
Signature of the I/c HoD	<i>[Signature]</i> 11/1/19
Signature of the Principal	<i>[Signature]</i> 11.1.19
Remarks	

Brief Report of the activity has to be submitted along with evidences. Correspondence, photographs, Paper Clippings, and student feedback etc., A separate record has to be prepared for each Academic. The college Activity Register shall be with the Principal. All activities have to be recorded and the serial no. of activity has to be mentioned on the report of the activity.)

Seen.
K.S. Akshay
28/1/19
Academic Admision

SWACHA BHARATH RALLY CONDUCTED JOINTLY BY ASDG
KRD and FIELD OUTREACH BEURD, MINISTRY OF INFORMATION, GOI





A.S.D. Government Degree College for Women (A)
Jagannaikpur, Kakinada

Activity Register 2018-19

Date	16 th March 2019
Conducted through	Department of Home Science
Nature of the activity	Workshop
Title of the activity	"Gender Sensitization: Legal Aspects"
Name of the department	Department of Home Science
Details of resource persons	Dr.Vadrevu Veeralakshmi, Womens Rights Activist
students participated	70
Brief report of the activity	Objective of the workshop is to educate the girl students on the legal provisions available for their protection. Mrs.Lakshmi Naidu, Chief Guest explained the legal Aspects with coding real life examples. Dr.Vadrevu Veeralakshmi, Resource Person explained how inequality happen between men and women. She stressed out that every women should be economically independent her self. She also told that every girl should have good educational qualification and communication skills. Women to be Emotionally, socially, Physically, Mentally, psychologically fit to handle every situation.
Name of the lecturer who planned and organized the activity	Home Science Staff
Signature of the Dept incharge	K. Lavanya
Signature of the principal	H. Sivarajah
Remarks	

a desiring subject'. She also brought in the challenges of a woman's life at home and stressed the need of instruction for home. She rejected the stereotyping of women and turning them into laughing stock in social platforms. She urged women's economic independence and expressed upon the audience to uphold the importance of financial dependence. "Economic independence of women would lead to both economic and emotional inter-dependence", she added. She ended her speech with an optimistic note on the current advancement of gender equality and gender justice in the 21st century by reciting from her recently published collection *Lakshmi Unbound*.

Md. Saad Salar, Advocate explained organised crime, status of women in the present society and forms of its equality etc. He also explained various sections like Section 498 (A), Education Right, Kidnap 366, Vishakha judgement clauses and Sexual Harassment etc. He has given Orientation to Vishakha judgment how it was formed and its clauses and new law – as well as the timelines and consequences of such incidents.

Understand and recognize the five types unwelcome behaviors what all behaviors are taken as Sexual Harassment, under what circumstances and where the incidents have happened for a complaint to be made.

Understanding the Prevention Prohibition and Redressal Act 2013 such as:

- * Who are the Committee Members and Constitution, Process for filing complaint and by whom it has to be filed timelines for filing complaint and for committee to start process
- * Process to be followed by Committee and the Punishments
- * Actions in case of wrong complaints

The event ended with a vibrant question-answer session participated by participants and students, followed by the Presidential remarks of the Principled Dr D Ramnagiri Udes. Students and faculty members of the college were present in large numbers on this occasion.





Personality Development Programme, JCI, Kakinada on 1.08.2020

**A.S.D. Government Degree College for Women (A)
Jagannikpur, Kakinada
Activity Register**

Date	3 rd August 2019
Conducted through	District Sessions Court
Nature of the activity	Awareness on Legal Literacy
Title of the activity	Legal Provisions for Women and Domestic Violence Act
Name of the department	Department of Home Science
Details of resource persons	Smt.Sujatha Kalyani, District Judge
students participated	80 students from all the groups
Brief report of the activity	The District Judge Smt.Sujatha Kalyani acted as the resource person. She has explained about the atrocities happening on women. She has also explained about Domestic Violence and how to report the cases of domestic violence. She has enlightened the participants about the various laws available for the protection of women in India. Principal Smt.M.Suvarchala, Resource Person Smt.Sujatha Kalyani and Advocates Sri P.Rajasekhar and Sri M.Srinivas, staff of Home Science Smt.K.Lavanya and Dr.G.Anitha participated in the programme
Name of the lecturer who planned and organized the activity	Staff of the department
Signature of the Dept incharge	K. Lavanya
Signature of the Principal	H. Suvachala 3/8/19
Marks	

Resource Person Smt.Sujatha Kalyani addressing the students



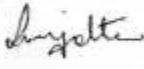
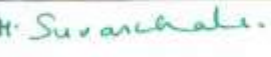
Advocate Sri.P.Rajasekhar addressing the students



A. S. D. Government Degree College for Women (A)
Kakinada, E.G. Dist., Andhra Pradesh – 533002

DEPARTMENT OF ENGLISH

Activity Register 2019 – 2020

Date	06 September 2019 – 15 September 2019
Conducted through (DRC/JKC/ELF/NCC/NSS/ Departments etc.)	Department of English
Nature of Activity (Seminar/Workshop/Extn. Lecture etc.,)	A Ten-Day National Student Training Programme
Title of the Activity	Integrated Approach for the Development of Effective Communication Skills in English
Name of the Department/Committee	English
No. of students participated	50
Brief Report on the activity	The activity was conducted only to female students, who were pursuing their under graduation in Government Degree Colleges. It gave them hands on experience to acquire linguistic competence as well as communication skills. It also triggered students' interest in participation with ease. It also helped them to use their higher order of thinking when they speak or write.
Name of the Lecturers who Planned & conducted the Activity	Ms. Swarna Sri Yadada & Ms. P. Sanjotha
Signature of the Department In- charge	
Signature of the Principal	
Remarks	Very useful program for students. Well planned and well conducted.



Mr. Noojilla Srinivas explaining how to present one's ideas effectively



Students' participation in Presentation Skills

A Guest Lecture on 26.09.2019, on the Topic- Aadhunik Kaal Resource Person – Dr. P Harirama Prasad, HOD- Hindi, PRGDC, Kakinada. 40 students were participated.

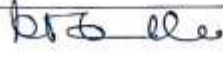
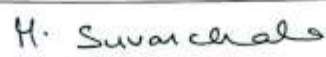


A.S.D. Govt. Degree College for Women (A)

Jagannaickpur, Kakinada

DEPARTMENTS OF SANSKRIT

Activity Register -2019-20

Date	17-12-2019
Conducted through (DRC/JKC/ELF/NCC/NSS/ Departments etc.)	Departments of Sanskrit
Nature of Activity (Seminar/Workshop/ Extn. Lecture etc.,)	.Co-Curricular
Title of the Activity	Geeta Jayanti
Name of the Department/Committee	Department of Sanskrit
Details of Resource Persons (Name , Designation etc.,)	M.Suvarchala .Principal, A.S.D. Govt. Degree College for Women (A), Kakinada
No .of students participated	108
Brief Report on the activity	As part of Co-Curricular activities, The Department of Sanskrit conducted Geeta -Jayanti for I B.Sc. (MPC,MPCS,CBA,CBMB, H.Sc.. & AQCZ) students of the College. Topic- Akshara prabrahma yogam Geeta 8 th Cannto. (The need of Sanskrit language these days). Students of I B.Sc. B.com actively participated in this programme and shared their views, the importance of Sanskrit in spite of changed situations in present days. Students. A total no. of 108 students participated in this Geeta Jayanti.
Name of the Lecturers who Planned & conducted the Activity	Dr.R.Aruna devi.
Signature of the Dept .In-Charge	
Signature of the Principal	



"విశ్వమంటే పాపాత్ నంబు ప్రతీసంబధురం దురిగి
 భగవద్గీతా స్థిత మహాలకు విష్ణుర్షుల శాసనై త్రితామ బహుమితో
 అయికున్నారు.

Panel discussion was held on 19-12-2019 for the students of II B.Sc Home Science on the Sexual Harassment of women



SAMANA 2020-21



SAMANA-A Student Fair is an initiative by the department of Commerce which was first started in the year 2015. In the beginning only the students of Commerce department established various stalls for the students later years the students of the other departments were also participating in the fest. Witnessing the huge success of the programme, it was adopted as a best practice of the institution by involving all the interested students to set up stalls and convert their skills into a small scale business. The programme was inaugurated by Sri.D.Chandra Sekher.,MLA, Kakinada.

AY 2019-20::7. Red Ribbon Club- Blood group identification and donation-Report-

06-01-2020

A.S.D.GOV.T.DEGREE COLLEGE FOR WOMEN(A), KAKINADA

RED RIBBON CLUB

BLOOD GROUPING & BLOOD DONATION PROGRAMME-

06.01.2020-REPORT

Red Ribbon Club organised Blood group identification and blood donation programme on 06.01.2020. RRC members performed A,B,O blood grouping and Rh typing to the students and identified the blood groups

RRC members may know the principle and procedure for blood grouping test. Knowing the blood type of donors and recipients is of the utmost important. They found that O positive is the most common blood type followed by AB positive. They recorded only 2 students, WITH o negative blood group blood grouping minimise the reactions during blood transmutation and pregnancy.

Blood donation camp- blood donation camp was conducted in association with Rotary blood bank, kakinada. A total of 41 Volunteers donated their blood. They emphasised that blood donation was the most significant contribution one can save the lives. Highlighted voluntary blood donation. Everybody has awareness of blood group system and importance of blood donation and students understand that it's a civic duty.

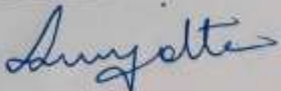
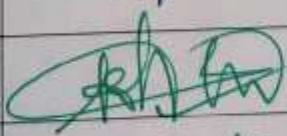


H. Srinivasa
PRINCIPAL
A.S.D. GOVT. DEGREE COLLEGE FOR
WOMEN
KAKINADA

AY 2019-20::7. Red Ribbon Club- Blood group identification and donation-Photos-06-01-2020



A. S. D. Government Degree College for Women (A), Kakinada
Department of English
Activity Register 2019-2020


Date	12-02-2020
Conducted through (DRC/JKC/ELF/NCC/NSS/ Departments etc.)	Department
Nature of Activity (Seminar/Workshop/Extn. Lecture etc.,)	EXTENSION LECTURE
Title of the Activity	Effective Body Language : Key To Success
Name of the Department/Committee	Department of English
Details of Resource Persons (Name , Designation etc.,)	Ms.Y.Jaya, Asst. Professor of English, JNTUK, Kakinada
No. of students participated	90
Brief Report on the activity	The Resource Person stressed on the importance of Non-Verbal Communication Skills that is Body Language. These skills are required in Face-to-Face Communication especially in facing Interviews. Students participated actively.
Name of the Lecturers who Planned & conducted the Activity	Ms. P. Sanjotha Ms. Y. swarna Sri Ms. D. B. Javani
Signature of the Dept. in charge/	
Signature of the Principal	
Remarks	Excellent



A.S.D. GOVT. DEGREE COLLEGE FOR WOMEN (A)
Jagannakpore, Kakinada

WOMEN EMPOWERMENT CELL

Activity Register 2019-2020

Date	25-03-2020
Conducted through (Self/MCC/NSA/Department etc.)	WOMEN EMPOWERMENT CELL
Nature of Activity (Seminar/Workshop/Exam/Lecture etc.)	Legal Awareness programme
Title of the Activity	One day legal Awareness Programme in association with AFWC, Kakinada
Name of the Department/Committee	WOMEN EMPOWERMENT CELL
No. of students participated	85
Report on the activity	<p>WEC conducted One day legal Awareness Programme in association with AFWC, Kakinada.</p> <p>Sri B. Rama Krishna, DSP, in charge the state explained Disha Act 2019. Recently launched apps like Mobile Mitra and Cyber Mitra Apps for safety and security for women. He specified traffic rules also. Sri P. Myra Krishna Reddy Traffic inspector explained about one stop Center and traffic rules. Sri Ch. Sanu Advocate created legal rights. Sri Lalitha Devi SI, MPC and Sri Supriya SI MPC K&D explained about chain teams and toll free numbers or help line numbers. Our Principal students said that women can create a healthy Society. This programme created awareness among the girl children about legal rights.</p>
Name of the Lecturers who Planned & conducted the activity	Dr. K. Aruna, WEC Co-ordinator
Signature of the Dept. In-charge/Cheverner of the Committee	
Signature of the Principal	H. Suralakshmi
Remarks	Very well conducted.



One Day Awareness Programme on 25 Feb 2020



Sri B. Rama Krishna, DSP, Disa Police Station, In charge She Team Kakinada
Addressing on Disa Act, Mahila Mitra and Cyber Mitra

A.S.D. Government Degree College for Women (A)
Jagannikpur, Kakinada
Activity Register

Date	26 th February 2020
Conducted through	Department of Home Science
Nature of the activity	Elocution Competition on the Occasion of National Science Day
Title of the activity	Elocution Competition on "Women In Science"
Name of the department	Home Science
Details of resource persons	Smt.K.Madhavi,Lecturer in Telugu Smt.R.R.D Sirisha,Lecturer in Commerce acted as judges
students participated	12 students participated
Brief report of the activity	On the occasion of National Science Day Elocution competition was celebrated by the Department of Home Science on the topic women in science. The students from various departments participated in the competition.Smt.K.Madhavi and Smt.Sirisha acted as judges and selected the prize winners.
Name of the lecturer who planned and organized the activity	Staff of the department
Signature of the Dept incharge	<i>K. Lavanya</i>
Signature of the principal	<i>H. Suvarchala</i> 26/2/2020
Remarks	

Smt.K.Javanya, Lecturer in Home Science giving instructions about the competition



Kum.P.Devi, III B.Com. presenting on the topic

**A.S.D. GOVERNMENT DEGREE COLLEGE FOR WOMEN
(Autonomous), KAKINADA**

Departments of English & Telugu

2019-2020



INVITATION

26-02-2020

We are glad to inform that the Departments of English & Telugu are going to organize a **One Day Symposium on "Gender Mainstreaming Issues and Challenges"** on 27-02-2020 for students at 10.00AM in the Seminar Hall. We invite all the Lecturers to the event to make it a grand success.

1. *hugidter, Lec in Eng*
 2. *BT Sille Lec in Telugu*
- Lecturers-Incharge

[Signature]
Principal 26/2/2020



Lightening the lamp by Principal Ms. M. Suvarchala




YOGA DAY celebration 21-06-2020



**A.S.D.GOV. DEGREE COLLEGE FOR WOMEN
(AUTONOMOUS) KAKINADA**

Department of Physical Education

Activity Register 2020-2021

Date	14.10.2020 (45 days)
Conducted through (DRC/ JKC/NCC/NSS/Departments etc.,)	Department of physical education
Nature of activity (seminar/workshop/Extn, Lecture etc /.,)	Certificate course
Title of the activity	Yoga & Judo
Name of the department/ committee	Physical education
Details of resource persons (Name, Designation etc.,)	Mr.Ch.Satish Judo Coach Lt.G.Pramila Rani, M.A.,M.PEd., MPhil., SET
No. of students participated	50
Brief report on the activity	
Name of the lecturers who planned & conducted the activity	Lt.G.Pramila Rani, M.A., MPEd., MPhil., SET
Signature of the dept. Incharge/ convener of the committee	
Signature of the principal	M. Suvachala
Remarks	

(Brief Report of the activity has to be submitted along with evidences Correspondence, Photographs, Paper Clippings, and Student Feedback etc.) A separate record has to be prepared for each Academic year. The College Activity register shall be with the Principal. All activities have to be recorded and the serial no of the activity has to be mentioned on the report of the activity)



H Suvachale
PR NC PAL
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