



A.S.D. Government Degree College for Women
An Autonomous Institution
Jagannaickpur, Kakinada, Andhra Pradesh-533002
Affiliated to Adikavi Nannaya University, Rajamahendravaram



INTERNAL QUALITY ASSURANCE CELL
EXTENSION AND OUTREACH PROGRAMS
(2018-2019)

S.No	Name of the activity	Organizing Unit/ Forum/ collaborating agency	Date of the activity	Number of students participated in such activities
1	Janma Bhumi- Maa Vuru at Various Places of Kakinada	All Departments	02-01-2019 to 11-01-2019	316
2	World Population Day - Awareness Rally	Department of Economics	11-07-2018	100
3	Nutritional Awareness to mothers at Apple School	Department of Home Science	02-02-2019	8
4	Skill Enhancement Programme for Preschool Teachers	Department of Home Science	01-03-2019	43
5	International Yoga Day Awareness Programme at District Sports Authority Stadium	NCC	21-06-2018	35
6	Cleaning of Statues of National Leaders - Swachh Seva	NCC and NSS	21-09-2018	24
7	Cleaning At Old Age Home	NCC	27-11-2018	22
8	AIDS Day Rally	Youth Red Cross	01-12-2019	28
9	Collection Of Sainik Welfare Fund	NCC	06/12 / 2018	25
10	National Voters Day Awareness at Balaji Cheruvu	NCC and NSS	25-01-2019	155
11	Blood grouping and Blood donation	NCC and NSS	12-02-2019	56




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**A Report on
Janma Bhoomi- Maa Vuru
Extension Activities**

Dates: 02.01.2019 to 11.01.2019

Janma Bhoomi Maa Vooru (JBMV) :

Janma Bhoomi Maa Vooru (JBMV) The Government of Andhra Pradesh conducted five rounds of Janma Bhoomi Maa Vooru" programme with an intention to take administration to the doorstep of the people, to redress their grievances and to make them active stakeholders in the development planning, implementation and monitoring.

4. Thrust areas of the 6th round JBMV programme - The State Government is committed to ensure inclusive growth with welfare and happiness of its people as the main objective. Thrust areas of 6th round JBMV programme are as follows.

2.1. Sensitisation on development and growth approach of VIADUCT which expands to Vision, Innovation, Accountability, Digitalisation, Uberisation, Convergence and Technology & Transformation - VIADUCT.

2.2. Awareness on the achievements since 2014 - by placing the list of all assets and beneficiaries (in Telugu) pertaining to all government departments through an online platform created by Department of RTG and sufficient number of copies printed in advance village wise with the support of all the department concerned. The performance under Samaja Vikasam, Kutumba Vikasam and SDG should also be placed before the gramasabha.

2.3. Village/ Ward Development Plan (VDP/WDP) for 2019-24- The VDP/WDP for next five years (2019-24) has been prepared by all the GPs and Ward during the Gram Darshini Programme. The VDP/WDP should be discussed during the

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Janma Bhoomi Maa Vuru (JBMV) – Translates to Birthplace and My village.

The Government of Andhra Pradesh conducted five rounds of "Janma Bhoomi Maa Vooru" programme with an intention to take administration to the doorstep of the people. As per the instructions of the district collectorate, students and faculty of our college participated in the following activities.

S.No	Name of the Activity	Date	No of Faculty and Students Participated
1	Janmabhoomi pledge and AP reorganisation issues	2-1-19	15
2	Awareness on Nutrition and Govt programmes related to improvement of Child and women nutritional status	3-1-19	20
3	Gramadarshini and Village Survey on ODF	4-1-19	34
4	Discussion on Welfare Schemes	5-1-19	28
5	5K Run	6-1-19	48
6	Awareness on Swachh Bharath	7-1-19	35
7	Awareness on Digitisation of Education	8-1-19	26
8	Discussion on industrial and infrastructural Facilities	9-1-19	39
9	Discussion on Skill Development	10-1-19	54
10	Conducting Competitions to Women	11-1-19	17



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స్థానికులకు అవగాహన

అన్నవరం సత్యవతి దేవి డిగ్రీ కళాశాల విద్యార్థులు ఒకటి నుంచి అయిదు డివిజన్లలో రెండో రోజు జన్మభూమి-మాదిరు కార్యక్రమాన్ని నిర్వహించారు. విభజనాంతర సవాళ్లు, పెట్టుబడులు ఆకర్షించడంలో ఆంధ్రప్రదేశ్ వేసిన ముందడుగును స్థానిక ప్రజలకు వివరించారు. కార్యక్రమంలో అధ్యాపకులు, విద్యార్థులు పాల్గొన్నారు.

Y. Swarnalatha and other Lectures of ASD Govt Degree college for women(A), Kakinada creating Awareness on Government Schemes at Janmabhumi- Maa Vooru Programme on 02-01-2019



Dr. Yamuna Lecturer in Economics Creating awareness on importance of nutrition to local women at Godarigunta 03-01-2019



Students And faculty of ASD Govt Degree college for women(A) Participating in Gramadarshini and Village Survey on ODF on 04-01-2019 as part of Janma Bhoomi – Maa vuru



Discussion on Welfare Schemes on 05-01-2019 at Golilapeta as part of Janma Bhumi-Maa Vuru



Students And faculty of ASD Govt Degree college for women(A) Participating in 5K run to create awareness on government programmes at Ramaraopeta, Kakinada on 06-01-2019.



Pre School Visit and understanding the challenges and opportunities in digitisation of Education at Muthanagar on 08-01-2019



Sensitization on industrial and infrastructural Facilities at Zilla Parishadh office , Kakinada on 09-01-2019 as part of Janma bhoomi – Maa Vuru

స్థానికులకు అవగాహన

అన్నవరం సత్యవతి దేవి డిగ్రీ కళాశాల విద్యార్థులు ఒకటి నుంచి అయిదు డివిజన్లలో రెండో రోజు జన్మభూమి-మాజీరు కార్యక్రమాన్ని నిర్వహించారు. విభజనాంతర సవాళ్లు, పెట్టుబడులు ఆకర్షించడంలో ఆంధ్రప్రదేశ్ వేసిన ముందడుగును స్థానిక ప్రజలకు వివరించారు. కార్యక్రమంలో అధ్యాపకులు, విద్యార్థులు పాల్గొన్నారు.

News Paper Coverage on Awareness on Industrial Sector in Andhra Pradesh



Faculty of ASD Government Degree College creating Awareness on skill Development initiatives for women on 10-1-2019 at Muthanagar Ward office



**Dr. K.Yamuna and B.Anjani Kumari Faculty of ASD Government Degree College
Conducting Bommalakoluva Competitions as part of Janmabhumi- Maa Vooru
Programme on 11/1/2019 at Ramanyyapeta.**



**Dr. K.Yamuna and B.Anjani Kumari Faculty of ASD Government Degree College
Conducting Rangoli Competitions as part of Janmabhumi- Maa Vooru Programme on
11/1/2019 at Ramanyyapeta**




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Department of Economics

Extension Activity

World Population Day

2018-2019

World Population Day -2018

Awareness Rally

on the theme

“ Family Planning is a Human Right”.



Students and Faculty of ASD Govt Degree college for women(A), Kakinada creating awareness on the Family Planning in the streets of Jagannaickpur on the occasion of world population day 2018 along with MLA , Kakinada Rural Vanamadi Venkateswara Rao gaaru.

Objectives of the Program:

1. **Raise awareness about the importance of family planning:** The primary objective of this program is to educate the local community, particularly in the streets of Jagannaickpur, about the significance of family planning. By disseminating accurate information, the program aims to promote responsible decision-making and empower individuals to make informed choices regarding their reproductive health and family size.

2. **Promote access to family planning resources:** Another key objective is to inform the community about the available family planning resources, such as contraceptive methods, counseling services, and healthcare facilities. By increasing awareness of these resources, the program aims to remove barriers and facilitate access, enabling individuals to exercise their reproductive rights effectively.
3. **Encourage open dialogue and address misconceptions:** The program seeks to create an environment where individuals can openly discuss family planning without stigma or judgment. By engaging with the community, the students and faculty aim to address common misconceptions, dispel myths, and provide factual information to support informed decision-making.
4. **Empower women and promote gender equality:** Family planning is closely tied to women's empowerment and gender equality. The program aims to empower women by providing them with knowledge and resources to make decisions about their reproductive health and fertility, enabling them to pursue educational and career opportunities without unintended pregnancies.
5. **Advocate for sustainable development:** Responsible family planning practices can contribute to sustainable development by promoting smaller family sizes, reducing strain on limited resources, and improving the overall quality of life for families and communities. The program aims to highlight the connections between family planning and sustainable development goals.

Impact of the Program:

1. Increased knowledge and awareness: By disseminating information and engaging with the community, the program can significantly increase knowledge and awareness about family planning, its benefits, and available resources.
2. Improved access to family planning services: By promoting and facilitating access to family planning resources, the program can potentially lead to an increase in the utilization of contraceptive methods and healthcare services, resulting in better reproductive health outcomes.
3. Empowerment of women and gender equality: By empowering women with knowledge and resources related to family planning, the program can contribute to gender equality, enabling women to make informed decisions about their lives and futures.
4. Reduction in unintended pregnancies: Increased awareness and access to family planning services can potentially lead to a reduction in unintended pregnancies, which can have positive impacts on maternal and child health, as well as overall family well-being.
5. Promotion of sustainable development: By encouraging responsible family planning practices, the program can contribute to sustainable development goals by addressing issues such as population growth, resource management, and environmental sustainability.
6. Strengthening community partnerships: The involvement of students, faculty, an MLA, and collaboration with local authorities can foster stronger community partnerships and promote a collective effort towards addressing important social issues like family planning.

Overall, this program has the potential to positively impact the lives of individuals, families, and the broader community by promoting informed decision-making, empowerment, and sustainable development through the dissemination of family planning knowledge and resources.

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**Department of Home Science
Extension Activity**

Nutritional Awareness for Mothers

(Apple School, Penukuduru)

2018-2019

On 02-02-2019 Dr.G.Anitha, Lecturer in Home Science acted as a Resource person for Parents Meeting in Apple Schools, Penukuduru .She educated the parents on balanced diet and nutritional disorders among the children



Students of Home Science Interacting with School Children of Apple School, Penukuduru on 02-02-2019

The impact of Dr. G. Anitha's session as a resource person for the parents' meeting at Apple Schools in Penukuduru on the topic of balanced diet and nutritional disorders among children had high impact:

1. **Increased awareness:** By educating parents about the importance of a balanced diet and the consequences of nutritional disorders, Dr. Anitha helped raise awareness among the attendees. This awareness can lead to parents making more informed choices regarding their children's diets and overall health.
2. **Improved dietary habits:** With the knowledge gained from the session, parents may be motivated to implement changes in their families' dietary patterns. They may start incorporating more nutritious foods, reducing unhealthy snacks, and ensuring their children receive a well-balanced diet. This can lead to improved overall health and well-being of the children.
3. **Early identification and prevention:** By understanding the signs and symptoms of nutritional disorders, parents may be better equipped to identify potential issues in their children early on. This can lead to timely intervention, treatment, or dietary adjustments, preventing the development or progression of such disorders.
4. **Reduced healthcare costs:** By promoting healthy eating habits and preventing nutritional disorders, the financial burden associated with treating these conditions may be reduced for families. Early intervention and prevention can lead to long-term cost savings on healthcare expenses.
5. **Improved academic performance:** Proper nutrition plays a crucial role in a child's cognitive development, concentration, and overall academic performance. By implementing the knowledge gained from the session, parents may contribute to creating an environment that supports their children's learning abilities and academic success.
6. **Fostering a healthier community:** As parents implement the learned principles, the impact can extend beyond individual households. A community with a higher awareness of balanced diets and better nutritional practices can lead to a healthier overall population, reducing the burden on healthcare systems and promoting a higher quality of life.



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Signature of the Principal
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KAKINADA**



**Department of Home Science
Extension Activity**

A One Day Skill Enhancement Programme for Preschool Teachers

on

“Holistic Development of Preschoolers through Thematic Approach”,

01-03-2019

A One Day Skill Enhancement Programme for Preschool Teachers on “Holistic Development of Preschoolers through Thematic Approach”



On 1st March 2019 Department Of Home Science Conducted A One Day Skill Enhancement Programme for Preschool Teachers on “Holistic Development of Preschoolers through Thematic Approach”

The Skill Enhancement Programme sponsored by UGC, had been organized by the Department of Home Science, in A.S.D. Government Degree college for Women(A),Kakinada on 1-03-2019. 40 teachers from various preschools participated in the program. The president of the workshop, Dr.D.Ratnagiri Usha inaugurated the event and welcomed the teachers representing different schools of EastGodavari District to the program which is first of its kind in the college intraining of the teachers of various schools.



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Annavaram Satyavathi Devi

Government Degree College for Women

(Autonomous), Kakinada

Capacity Building Programme

Holistic Development of Preschoolers through Thematic Approach

1st March 2019



Department of Home Science

2018-19

A.S.D.GOV'T. DEGREE COLLEGE FOR WOMEN (A)
KAKINADA - 533 002
(Re-Accredited with 'B' Grade by NAAC)

Capacity Building Programme
(UGC- Autonomy Grant)

on
Thematic Approach
in Preschool Curriculum
1st March 2019

REGISTRATION FORM

Name :

Designation :

Department :

Institution :

Address :

Phone No.:

E-mail:

Date:

Place:

Signature

Registration fee: Rs.100

(Registration Charges include Lunch & Certificate)

Contact E-mail: lkandiraju@gmail.com

Contact Ph.No: 9492031589

President

Dr.D.Ratnagiri Usha, M.A, M.Phil, Ph.D.
Principal

Convener

K. Lavanya,
Lecturer, Department of Home Science

Co-Convener

M.Suvarchala
Vice Principal

Organizing Committee

1. Dr.G.Anitha
Lecturer in Home Science
2. MMalliswari
Lecturer in Home Science

Resource Person

M.S.L.Sowmya , M.Sc, (Ph. D)
Early Childhood Educator and Trainer
Spurthy Educational Consultancy
Hyderabad

Who can participate?

- Preschool Franchise Owners
- Preschool Teachers
- Aspiring Preschool Teachers



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Skill Enhancement Programme for
Preschool Teachers in Kakinada
(UGC- Autonomy Grant)

on
Holistic Development of Preschoolers
through Thematic Approach
1st March 2019



Organized by
Department of Home Science
A.S.D.Government Degree College for
Women(Autonomous),Kakinada

A REPORT ON
Skill Enhancement Programme for Preschool Teachers on

“Holistic Development of Preschoolers through Thematic Approach”

A One Day Skill Enhancement Programme for Preschool Teachers on “**Holistic Development of Preschoolers through Thematic Approach**”, sponsored by UGC, had been organized by the Department of Home Science, in A.S.D. Government Degree college for Women(A),Kakinada on 1-03-2019. 40 teachers from various preschools participated in the program.

The president of the workshop, Dr.D.Ratnagiri Usha inaugurated the event and welcomed the teachers representing different schools of East Godavari District to the program which is first of its kind in the college in training of the teachers of various schools. Speaking on this occasion, she insisted on the need of the hour for the teachers i.e.to upgrade and update themselves with the latest trends in the field of teaching young children. She emphasized on the importance of thematic approach which is an integrated way of teaching the preschoolers for the holistic development. She has elaborated on the responsibility of the Higher Education Institutions in working with the various other institutions of the community and sharing the knowledge and expertise for the community development.

The Resource Person Ms.M.S.L.Soumya,Spurthy Educational Consultancy,Hyderabad addressed the participants and congratulated them for their enthusiastic participation and also emphasized on the importance of honing their skills and refreshing their knowledge in the field.

The Programme Convenor Ms.K.Lavanya, Lecturer in Home Science gave the Convenor Message highlighting the importance of Preschool Teachers to adopt Thematic Approach in teaching young children and the need for the preschool teachers to be trained in Integrated method of teaching incorporating Play Way method which created joy and fun in learning.

The Technical Session is conducted by the resource person which included the following :

- Meaning and importance of Thematic Approach
- Themes that can be covered for the young children
- Ways of conducting Informal Talks in the preschool classroom

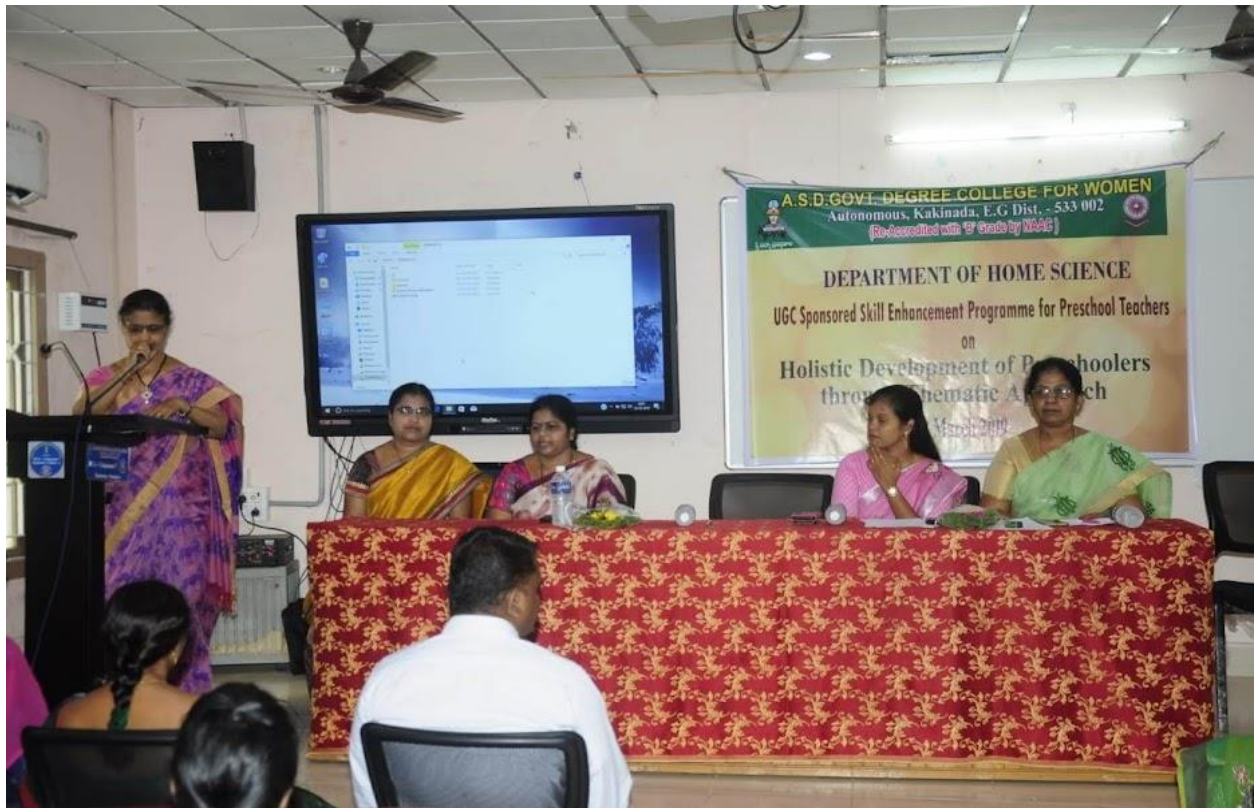
- Techniques of Story telling
- Various Creative activities to be conducted for the preschoolers
- Importance and methods of reciting Action songs/Rhymes
- Types of Indoor and Outdoor games for preschoolers
- Preparation of Visual Aids for teaching young Children

After the technical Session, an exhibition was conducted by the participants with the visual aids prepared during the program.

The participants presented their feedback on the program and expressed their wish to participate in more such programs in future as few such programs are conducted by the Government institutions.

Program was closed with Certificate distribution and Vote of Thanks

Photographs of the programme



Principal Dr.D.Ratnagiri Usha addressing the participants



Vice Principal & HOD Home Science Smt.M.Suvarchala welcoming the participants



Convenors Message by Smt. K.Lavanya, Lecturer in Home Science



Technical Session by Resource Person Smt.M.S.L.Soumya



Practical Session by the resource person



Hands on Experience for the participants



Participants with Workshop Certificates

Impact of The training Programme Conducted:

The Skill Enhancement Programme for Preschool Teachers aimed to equip educators with the latest pedagogical techniques, classroom management strategies, and child development principles. The impact of this program was far-reaching and multi-faceted.

Firstly, it empowered preschool teachers with a deeper understanding of early childhood education, enabling them to create a more conducive learning environment for their students. They acquired skills to design engaging and age-appropriate activities, fostering creativity, critical thinking, and a love for learning among young minds.

Secondly, the program equipped teachers with effective classroom management techniques, allowing them to maintain a positive and nurturing atmosphere. This contributed to better focus, discipline, and overall well-being of the children, facilitating their holistic development.

Furthermore, the program provided insights into child psychology and developmental milestones, enabling teachers to tailor their approach to individual needs and learning styles. This personalized attention ensured that every child received the support and guidance necessary for their optimal growth.

The enhanced skills and knowledge gained from the program also fostered a sense of professionalism and confidence among the teachers, leading to improved job satisfaction and a commitment to continuous learning and self-improvement.



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Extension Activities

2018-2019

NCC and NSS Extension Activities

2018-2019 Academic Year

S.No	Name of the Activity	Date	No of Students Participated
1	International Yoga Day Awareness Programme at District Sports Authority , Stadium	21/06/2018	35
2	Cleaning of Statues of National Leaders - Swachh Seva	21/ 09/2018	24
3	Cleaning At Old Age Home	27/11/2018	22
4	AIDS Day Rally	01/12/2018	28
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L. G. PRAMILA RANI
M.A., M.PED., M. PHIL., SET
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NCC cadets of ASD Govt Degree college for women (A), Kakinada participating in international Yoga day campaigning at District Sports Authority stadium, Kakinada



NCC cadets of ASD Govt Degree college for women(A), Kakinada Cleaning Statues of National Leaders on the occasion of Swachh Seva on 21/ 09/2018



Students of ASD Govt Degree college for women(A), Kakinada Creating awareness on violence against Women at Balaji Cheruvu



NCC cadets of ASD Govt Degree college for women(A), Kakinada Cleaning the premises of Ashrama Sravana old age home at Ramanayakpeta , on the occasion of NCC DAY on 27/ 11/2018

విద్యాసంస్థల ఆధ్వర్యంలో...

జగన్నాథపురం: అన్నవరం సత్యవతి దేవి ప్రభుత్వ డిగ్రీ కళాశాల విద్యార్థినులు ఇండియన్ రెడ్ క్రాస్ ఆధ్వర్యంలో జగన్నాథపురం నుంచి పోర్టులోడ్లు మీదుగా బాలాజీ చెరువు కూడలి వరకు అవగాహన ర్యాలీ నిర్వహించారు. జగన్నాథపురం దుర్గాప్రసాద్ పాఠశాల విద్యార్థులు షకార్డులను ప్రదర్శిస్తూ, కరపత్రాలు పంచిపెడుతూ ర్యాలీ నిర్వహించారు.



అన్నవరం సత్యవతి డిగ్రీ కళాశాల విద్యార్థినుల ర్యాలీ



NCC cadets of ASD Govt Degree college for women(A), Kakinada Collecting the Sainik Welfare fund, on the occasion of Flag Day on 06/ 12/2018



Students and Faculty of ASD Govt Degree college for women(A), Kakinada creating awareness on importance of voting at Balaji Cheruvu center on 25-01-2019 on the occasion of National Voters day




SP Vishal Gunni Interacting wit Faculty on the occasion of Voters Day



Students and Faculty of ASD Govt Degree college for women(A), Kakinada creating awareness on importance of voting at Balaji Cheruvu centre on 25-01-2019 on the occasion of National Voters day



**Blood grouping and Blood donation in collaboration with Rotary club with ,
Kakinada on 12-02-2019**


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