

Title of the Activity : **One Day National Workshop on Vedic approaches on Medicinal plants & Ayurveda**

Date : 24-01-2020

Brief Report on the Activity:

Department of Botany & Department of Sanskrit jointly Organized One day workshop to create awareness among the participants about Health through Ayurveda system of Medicine ,advantages of using probiotic Medicines. Smt. M. Suvarchala has given opening remarks and discussed about the importance of Ayurveda medicine in our daily life

Dr.M.Niraja Medical officer Govt.Ayurvedic Dispensary, Pithapuram , & Dr. J.V.Sudhakar Asst.Professor in Botany , Dr.SRK Govt. Arts College ,Yanam acted as Resource persons

Dr.J.V.Sudhakar delivered his Lecture on Plants which are Used as Medicine in Vedic Period with reference to Charaka Samhitha and Sushrutha Samhitha Dr. M.Niraja spoke on Principles of Ayurvedha, Basic concepts of Ayurveda system of Medicine and advantages of using probiotic medicines .

Hands on Training was given by Dr.M.Niraja on Preparation of Thriphala churna , Amruthanjan and different hair Oils

Certificates have been issued to the participants by the Resource persons at the end of the programme !@0 students participated in the programme



Dignitaries on the Dias



Lightening the lamp by the Principal madam





The Resource person Dr. M.Niraja delivering Lecture



Dr.J.V.Sudhakar delivering Lecture



Hands on Training on preparation of Different Hair oils



Resource person issuing Certificates to the faculty Mrs.N.Pushpa