

**A.S.D Government Degree College for Women(Autonomous),Kakinada
Department of Home Science**

Activities conducted during 2020-21

1. Conducted a lecture on “**Creation of MOOCs**” for the teaching staff members of the college on 29/1/2021 at 2pm through zoom Mrs.V. Kavitha Kiran, Scientist, AICRP Home Science-CD, PG&RC, PJTSAU, Rajendranagar, Hyderabad. She has elaborated on the the type of MOOCs that can be developed for the UG courses and how the four quartiles to be developed.
2. **Smt.K.Lavanya** gave a lecture for NSS volunteers and mothers from local community on Smartphone effect on the wellbeing of the users. The ill effects caused due to the over usage of smartphone and its effect on physical, psychological and social wellbeing was clearly explained



3. On 16-12-2020, Dr. G. Anita has given a lecture to the housewives on Food Adulteration as a part of NSS Special camp. She has explained the importance of having awareness on food adulteration and various techniques to detect adulterants in various foods and the health hazards caused by the adulterants.



4. On 9th February 2021, organized Student Induction Programme for the freshers by the Department of Home Science



5. As a part of Induction programme for the freshers,Dr.G.Anitha has given a lecture on the importance of nutrition during adolescence and the various food groups and their role in balanced diet on 9th February 2021



6. On 8th March 2021,Smt.K.Lavanya gave a lecture on Effective Parenting Skills in Jyothi School,Kakinada for the parents of primary school children



7. As a part of the curricular work, the students have participated in “cottage stay” a work experience programme for the students in which they do various activities to learn time, energy and money management. Under the guidance of Smt. L.Malliswari the students organized cottage stay from 11-2-2020 to 21-2-2020

