A.S.D Government Degree College for Women (Autonomous),Kakinada Department of Home Science

Activities conducted during 2019-20

Home Science is a multidisciplinary course covering the various areas of study from arts, science and social sciences enabling the students understand the relationship between individuals, families and environment around. It prepares the students for future life and also develops skills required for their future vocation. Students are provided opportunities to develop their knowledge and skills through various activities conducted as a part of their curriculum. The activities conducted by the department are as follows.

1. On 1 July 2019, the students of II B.Sc Home Science students visited the neonatal unit of Indira Gandhi Refererral Hospital, Jagannaickpur to observe the various services available for the pregnant women and neonates. The duty doctor Dr.S. Prasanthi has explained their services and also the new born care and AGAR Test to the students.



2. Legal literacy awareness programme was conducted by the department of Home Science on 3August 2019 for the students of Home Science. In this programme the District Magistrate Smt.B.Vijaya Kalyani has enlightened the students on various legal provisions available for women and also explained about the need for awareness on these aspects for their self protection.The department staff and other personnel from the district court and the students have participated in this programme.



3. Exhibition on nutritious foods and balanced diet was conducted by the department of Home Science on 06-september 2019 on the eve of National Nutrition Week Celebrations.58 students and staff from all the departments visited the exhibition and awareness was conducted on importance of nutrition especially during adolescence.



4. Field visit to weaving unit was conducted on 06-02-2020 for the students of III B.Sc. by Smt.L.Malliswari with an objective of understanding the process of weaving, jacquard looms ,observe the weaving patterns of jamdani and also to understand the process of dyeing .



5. On 11-02-2020 Smt.L.Malliswari along with the students of II B.Sc. students visited M.R.O office to understand the functions ,services and the other schemes available for the people so as the students can in turn educate the community on the same



6. As 7-14th September is observed as Suicide prevention week , a guest lecture was organized on 07-09-2019 to create awareness on the causes, prevention of suicides in collaboration with Mythri , Women's Organisation, Kakinada and All India Women's Conference(AIWC). Dr.Trimurthulu Rayudu, Dermatologist and Counsellor, Swathi Hospital acted as Resource person. He educated the students on the major causal factor for suicides i.e., stress. He educated the students on the causes of stress ,anxiety, depression and also the symptoms of these issues and also the mechanism of stress and anxiety management. Smt.Bhanumathi, President, All India Women's Conference(AIWC),Kakinada and Smt Susi,Secretary,Mythri Women's Organisation, Kakinada addressed the students on the statistics of suicides in India and world. students of Home Science and Aquaculture participated in the progamme



 A group discussion was conducted on 21-11-2019 on "Egg-Vegetarian or Non Vegetarian for the students of III students.17 students participated in the programme



8. Department of Home Science has conducted a One day Faculty Development Programme on Massive Open Online Courses(MOOCs)-Designing and Creation on 07 February 2020. Presidential Remarks by Principal,Smt.M.Suvarchala.Convenor Smt.K.Lavanya gave the Convenor message stating the importance of MOOCs in the present scenario of Higher education. Convenors message is followed by the key note address by Smt.A.Karuna,Asst Professor in CSE ,UCEK,JNTU,Kakinada who gave a detailed session on the various National Coordinators and EMMRCs in the country. The technical session is presented by the resource person Smt.S.Supriya sakamuri, Producer and Coordinator MOOCs,EMMRC-EFLU,Hyderabad.



9. On 25-02-2020, the department of home science haemoglobin estimation was conducted to assess the haemoglobin levels of the students. The tests were conducted by the medical technician from Ramana laboratoratories, Kakinada. while 54 students were conducted the tests , nearly 36 students were found to be in various grades of anaemia.

