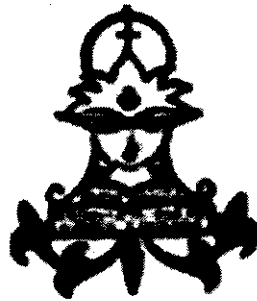


**A.S.D.GOV'T.DEGREE COLLEGE FOR WOMEN
(AUTONOMOUS), KAKINADA**



DEPARTMENT OF HOME SCIENCE

CERTIFICATE COURSE IN CROSS STITCH

1-11-2023 TO 2-12-2023

2023-2024

A.S.D.GOV'T.DEGREE COLLEGE FOR WOMEN (AUTONOMOUS), KAKINADA

DEPARTMENT OF HOME SCIENCE

ACTIVITY PROFORMA

DATE	1-11-2023 TO 2-12-2023
CLASS	Any students of the college
NATURE OF THE ACTIVITY	Certificate course in Cross stitch
TITLE OF THE ACTIVITY	Cross Stitch
NAME OF THE DEPARTMENT	Department of Home Science
STUDENTS PARTICIPATED	25
NAME OF THE LECTURER WHO ACTED AS RESOURCE PERSON	Department of Home Science
BRIEF REPORT OF THE ACTIVITY	Department of Home Science Conducted a certificate course on Cross Stitch from 1-11-2023 to 2-12-2023. Twenty five students participated in this programme. They learned many varieties of cross stitches.
SIGNATURE OF THE DEPARTMENT INCHARGE	<i>H. Suresh Babu</i>
SIGNATURE OF THE PRINCIPAL	<i>Madhu D.</i>
REMARKS	

From

M. Suvarchala

Lecture In charge

Department of Home Science

Kakinada.

To

The Principal,

ASD GDC for W (A)

Kakinada.

Respected Madam,

Sub:- Dept. of Home Science – Permission to conduct certificate course on “CROSS STITCH” for a period of 30 Days (45 hours) from 1-11-2023 to 2-12-2023, for all the I, II, & III Year Students of this college.

I request you to give us permission to conduct Certificate course on “CROSS STITCH” for all the I, II, & III Year Students of this college. The certificate course will be conducted from 1-11-2023 to 2-12-2023.

Thanking you madam.

Yours faithfully,

M. Suvarchala

(M.SUVARCHALA)

Lecturer in Home Science

A.S.D. Govt. DEGREE COLLEGE (W)

KAKINADA

**A.S.D.GOV.T.DEGREE COLLEGE FOR WOMEN (AUTONOMOUS),
KAKINADA**

(under the jurisdiction of Adikavi Nannaya University, Rajamahendravaram)



DEPARTMENT OF HOME SCIENCE

CIRCULAR

The Department of Home Science is going to conduct a certificate course on "**CROSS STITCH**" for a period of 30 Days (45 hours) from 1-11-2023 to 2-12-2023, for all the I, II, & III Year Students of this college.

Students who are interested to join in this Certificate course can give their names in the Department of Home Science. The batch consists of 30 students.

H. Suresh Babu

Lecturer In charge

Lecturer in Home Science
A.S.D. Govt. DEGREE COLLEGE (W)
KAKINADA



V. N. S. Srinivas

Principal

PRINCIPAL
A.S.D. GOVT. DEGREE COLLEGE (W)
AUTONOMOUS
KAKINADA

**ASD Govt Degree College for Women
(Autonomous) Kakinada**

DEPARTMENT OF HOME SCIENCE

**CERTIFICATE COURSE IN CROSS
STITCH**

01-11-2020 to 02-12-2023

Cross-stitch is a form of sewing and a popular form of counted-thread embroidery in which X-shaped stitches in a tiled, raster-like pattern are used to form a picture. The stitcher counts the threads on a piece of even-weave fabric in each direction so that the stitches are of uniform size and appearance



**A.S.D.GOV.T.DEGREE COLLEGE FOR WOMEN (AUTONOMOUS),
KAKINADA**

DEPARTMENT OF HOME SCIENCE

LIST OF STUDENTS IN CROSS STITCH

S.NO	NAME OF THE STUDENT	CLASS/GROUP	SIGNATURE
1	A.KARUNA KUMARI	II BSc HSc	
2	B.LAKSHMI PRASANNA	II BSc HSc	B. Lakshmi Prasanna
3	K.GANGA LAKSHMI	II BSc HSc	K. Ganga Lakshmi
4	K.MERCY JOY	II BSc HSc	K. Mercy Joy
5	S.SRAVANI	II BSc HSc	S. Sravani
6	BODDU VIJITHA	III BCOM GEN	B. vijitha
7	SHEIK SABERA	III BCOM GEN	S. Sabera
8	CHINTHAKAYALA PADMA	III BCOM GEN	Ch. padma
9	BODDU YAMUNA	III BCOM GEN	B. Yamuna
10	BOLLINKALA VARAJYOTHI	III BCOM GEN	B. varajyothi
11	BIMMITHI NAVYA	III BCOM GEN	B. Navya
12	CHINNI SAILAJA	III BCOM GEN	Ch. sailaja
13	DASARI BHAVANI	III BCOM GEN	D. Bhavani
14	GANTA GEETHANJALI	III BCOM GEN	G. geethanjali
15	GEDDAM ANITHA	III BCOM GEN	G. Anitha
16	GOLLAPALLI VEERA	III BCOM GEN	G. veera
17	J.BHAGYA SREE LAKSHMI	III BCOM GEN	J. B-S-Lakshmi
18	KAJULURI DHARANI	III BCOM GEN	K. Dharani
19	KAMADI NAVEENA	III BCOM GEN	K. Naveena
20	KARRI VENKATA RAMANA	III BCOM GEN	K. Venkataramana
21	KOMARAPU MOUNIKA	III BCOM GEN	K. Mounika
22	KONADA SIREESHA	III BCOM GEN	K. Sireesha
23	KUSUMA KRANTHI KUMARI	III BCOM GEN	K. Kumari
24	BEHARA MAHA LAKSHMI	III BCOM GEN	B. mahalakshmi
25	ANGARA PAVANI	III BCOM GEN	A. Pavani

Month: NOVEMBER
Year: 2023

Register

	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Remarks
1	P	P	P	P	P	P	P	P	P	P											
2	P	P	P	P	P	P	P	P	P	P											
3	P	P	P	P	P	P	P	P	P	P											
4	P	P	P	P	P	P	P	P	P	P											
5	P	P	P	P	P	P	P	P	P	P											
6	P	P	P	P	P	P	P	P	P	P											
7	P	P	P	P	P	P	P	P	P	P											
8	P	P	P	P	P	P	P	P	P	P											
9	P	P	P	P	P	P	P	P	P	P											
10	P	P	P	P	P	P	P	P	P	P											
11	P	P	P	P	P	P	P	P	P	P											
12	P	P	P	P	P	P	P	P	P	P											
13	P	P	P	P	P	P	P	P	P	P											
14	P	P	P	P	P	P	P	P	P	P											
15	P	P	P	P	P	P	P	P	P	P											
16	P	P	P	P	P	P	P	P	P	P											
17	P	P	P	P	P	P	P	P	P	P											
18	P	P	P	P	P	P	P	P	P	P											
19	P	P	P	P	P	P	P	P	P	P											
20	P	P	P	P	P	P	P	P	P	P											
21	P	P	P	P	P	P	P	P	P	P											
22	P	P	P	P	P	P	P	P	P	P											
23	P	P	P	P	P	P	P	P	P	P											
24	P	P	P	P	P	P	P	P	P	P											
25	P	P	P	P	P	P	P	P	P	P											

Attendance

S. No.	NAME	Designation	1	2	3	4	5	6	7	8
1	A. Kaur	Kumari	P	P	P	P	P	P	P	P
2	B. Lakshmi	Pro Sanna	P	P	P	P	P	P	P	P
3	K. Ganga	Lakshmi	P	P	P	P	P	P	P	P
4	F. Ineraj	Joy	P	P	P	P	P	P	P	P
5	S. Savani		P	P	P	P	P	P	P	P
6	B. Viji	tha	P	P	P	P	P	P	P	P
7	S. Sotero		P	P	P	P	P	P	P	P
8	Ch. Padma		P	P	P	P	P	P	P	P
9	B. Yamuna		P	P	P	P	P	P	P	P
10	B. Varajathi		P	P	P	P	P	P	P	P
11	B. Navia		P	P	P	P	P	P	P	P
12	C. Santija		P	P	P	P	P	P	P	P
13	D. Bhavani		P	P	P	P	P	P	P	P
14	G. Geethagali		P	P	P	P	P	P	P	P
15	G. Anitha		P	P	P	P	P	P	P	P
16	G. Veera		P	P	P	P	P	P	P	P
17	J. B. Sree	Lakshmi	P	P	P	P	P	P	P	P
18	K. Dhanani		P	P	P	P	P	P	P	P
19	K. Navama		P	P	P	P	P	P	P	P
20	K. Venkata	Ramana	P	P	P	P	P	P	P	P
21	K. Moolika		P	P	P	P	P	P	P	P
22	L. Siresha		P	P	P	P	P	P	P	P
23	L. Krantika	Kumari	P	P	P	P	P	P	P	P
24	B. Maha	Lakshmi	P	P	P	P	P	P	P	P
25	A. Pavani		P	P	P	P	P	P	P	P

S. S. S. S.

Lecturer in B.A. Science
S.D. GOVT. DEGREE COLLEGE (W)
SANKARAP.

Certificate course in Cross Stitch

Course Title: Certificate Course in Cross Stitch

Course Overview: Cross stitch is a popular form of embroidery characterized by X-shaped stitches that create a tiled pattern. This course will introduce students to the basics of cross stitch, including materials, techniques, and patterns, enabling them to create their own cross stitch projects.

Course Duration: The course will be conducted over four weeks.

Learning Objectives:

- Gain an understanding of the history, techniques, and terminology of cross stitch.
- Develop proficiency in basic and advanced cross stitch techniques.
- Explore various materials, patterns, and designs used in cross stitch.
- Cultivate an appreciation for the artistry and creativity of cross stitch.

Course Outline:

1. Introduction to Cross Stitch

- Overview of cross stitch history, cultural significance, and applications
- Introduction to materials, tools, and terminology
- Safety precautions and best practices

2. Fabric and Thread Selection

- Choosing suitable fabrics for cross stitch: Aida cloth, linen, etc.
- Selecting threads: cotton floss, metallic thread, etc.
- Hands-on practice: Fabric and thread selection exercises

3. Basic Cross Stitch Techniques

- Understanding cross stitch symbols and charts
- Techniques for making cross stitches: full cross stitch, half stitch, quarter stitch, etc.
- Hands-on practice: Basic cross stitch sampler project

4. Cross Stitch Borders and Frames

- Techniques for creating decorative borders and frames
- Introduction to border motifs and patterns
- Hands-on practice: Creating border designs

5. Color Theory and Pattern Selection

- Understanding color theory and its application in cross stitch
- Choosing patterns and designs: traditional, contemporary, and custom
- Hands-on practice: Pattern selection and color scheme exercises

6. Color Theory and Pattern Selection

- Understanding color theory and its application in cross stitch
- Choosing patterns and designs: traditional, contemporary, and custom
- Hands-on practice: Pattern selection and color scheme exercises

7. Cross Stitch on Different Surfaces

- Techniques for stitching on different surfaces: clothing, accessories, etc.
- Tips for transferring patterns and securing stitches
- Hands-on practice: Stitching on alternative surfaces

8. Cross Stitch Embellishments and Finishing

- Techniques for adding embellishments: beads, buttons, charms, etc.
- Finishing techniques: framing, mounting, and displaying finished projects
- Hands-on practice: Adding embellishments and finishing projects

9. Cross Stitch for Special Occasions

- Techniques for creating cross stitch gifts: cards, ornaments, etc.
- Hands-on practice: Creating cross stitch projects for special occasions

10. Project Execution and Presentation

- Planning and executing cross stitch projects
- Project development: from concept to completion
- Final presentation of student projects

Assessment Methods:

- Participation in class discussions and activities
- Completion of hands-on projects and assignments
- Final presentation and evaluation of student projects

Materials Required:

- Cross stitch fabric (Aida cloth, linen, etc.)
- Cross stitch threads (cotton floss, metallic thread, etc.)

- Cross stitch needles and embroidery hoops
- Cross stitch patterns and charts
- Embellishments (beads, buttons, charms, etc.)

Prerequisites: There are no prerequisites for this course. It is suitable for individuals with an interest in embroidery, regardless of prior experience or background.

Introduction to Cross Stitch • Overview of cross stitch history, cultural significance, and applications • Introduction to materials, tools, and terminology • Safety precautions and best practices

Title: Introduction to Cross Stitch

Cross stitch is a timeless craft that has been practiced for centuries, cherished for its simplicity, versatility, and the ability to create intricate and beautiful designs. In this introduction, we will explore the rich history, cultural significance, and practical applications of cross stitch, along with the essential materials, tools, and terminology to get you started safely and successfully.

1. History and Cultural Significance: Cross stitch has roots that date back thousands of years, with evidence of its existence found in artifacts from ancient civilizations such as Egypt, China, and Greece. However, it gained popularity in Europe during the Middle Ages, particularly among households where it was used to embellish clothing, household linens, and religious textiles. Over time, cross stitch evolved from a necessity to an art form, with stitchers creating intricate patterns and designs that reflected their cultural heritage and personal creativity.

Cross stitch holds cultural significance around the world, with each region contributing unique styles and motifs. From traditional European samplers to vibrant West African textiles, cross stitch has been a means of artistic expression, storytelling, and community bonding.

2. Applications: Cross stitch has a wide range of applications, from decorative to practical:

- Home Décor: Cross stitch can be used to create wall hangings, pillows, tablecloths, and curtains, adding a touch of handmade charm to any room.



**Annavaram Satyavathi Devi
GOVERNMENT DEGREE COLLEGE FOR WOMEN (AUTONOMOUS), KAKINADA**

(Under Jurisdiction of Adikavi Nannaya University, Rajamahendravaram)

Re-accredited by NAAC with B Grade

CERTIFICATE

This is to certify that Miss. of
M. B. Ganga Class successfully completed. Certificate Course in
Boddu Yamuna

“Cross Stitch” held from 01 November 2023 to 02 December 2023 conducted by
Department of Home Science, A.S.D. Government Degree College for Women
Autonomous Kakinada

M. Suvachala
Lecturer Incharge
Dept of Home Science

M. B. G.
Principal
ASD Govt. Degree College (W)

DEPARTMENT OF HOME SCIENCE

CROSS STITCH

FEED BACK

ఈ course ముకు నాకు నచ్చింది. ఇందులో మేము
పాఠం ద్వారా stitches ను నేర్చుకున్నాము. ఈ stitch ను shadow కట్టు
అని పేరు అంటారు. ఈ design ఎక్కువగా white thread ను ఉపయోగించి
పాఠం అవుతుంది. మేము అందరూ పాఠం నేర్చుకున్నాము.
ఒక నోటి నోట్ , home గాన నేర్చుకున్నాము. పాఠం అవుతుంది
నేర్చుకున్నాము పట్టు పట్టు చేయండి.

K. Menya Joy
II Bsc Hsc